Junior High Track Practices

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| Mon. | Tues. | Wed. | Thur. | Fri. | Sat. | Sun |
|  | Mar. 193:30-5:00pm | Mar. 203:30-5:00pm | Mar. 213:30-5:00pm | Mar. 227:00-7:30am |  |  |
| Mar. 253:30- 5:00pm | Mar. 263:30-5:00pm | Mar. 273:30-5:00pm | Mar. 283:30-5:00pm | Mar. 297:00-7:30am |  |  |
| Apr. 1NO PRACTICE | Apr. 23:30-5:00pm | Apr. 33:30-5:00pm | **Apr. 4 Meet @ Tekamah** | Apr. 5No PRACTICE |  |  |
| **Apr. 8****Meet @ Home** | Apr. 93:30-5:00pm | Apr. 103:30-5:00pm | **Apr. 11****Meet @ West Point** | Apr. 12NO PRACTICE | **Apr. 13 Meet @ home** |  |
| Apr. 153:30-4:45pm | **Apr. 16****Meet @ Heedum Field** | Apr. 173:30-4:45pm | Apr. 183:30-4:45pm | Apr. 19NO PRACTICE |  |  |
| Apr. 22NO PRACTICE | Apr. 233:30- 4:45pm | Apr. 243:30-4:45pm | Apr. 253:30-4:45pm | Apr.26 7:00-7:30am |  |  |
| April 293:30-4:45pm | **April 30****Meet @ Yutan** | May 13:30-4:45pm | **May 2****Meet @ Arlington** | May 3NO PRACTICE |  |  |
| **May 6****Meet @ Heedum Field** |  |  |  |  |  |  |

* Practices will end no later than 5:00pm every day. **Please be prompt in picking up your child** as we have families to get home to as well.
* Practice may be moved indoors or canceled due to weather and gym availability. Please make sure your athlete has clothes for any type of weather we may encounter during a Nebraska spring. If it’s canceled we will try to let them know as early as possible so they can make transportation arrangements.