Junior High Track Practices

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| --- | --- | --- | --- | --- | --- | --- |
| Mon. | Tues. | Wed. | Thur. | Fri. | Sat. | Sun |
|  | Mar. 19  3:30-5:00pm | Mar. 20  3:30-5:00pm | Mar. 21  3:30-5:00pm | Mar. 22  7:00-7:30am |  |  |
| Mar. 25  3:30- 5:00pm | Mar. 26  3:30-5:00pm | Mar. 27  3:30-5:00pm | Mar. 28  3:30-5:00pm | Mar. 29  7:00-7:30am |  |  |
| Apr. 1  NO PRACTICE | Apr. 2  3:30-5:00pm | Apr. 3  3:30-5:00pm | **Apr. 4 Meet @ Tekamah** | Apr. 5  No PRACTICE |  |  |
| **Apr. 8**  **Meet @ Home** | Apr. 9  3:30-5:00pm | Apr. 10  3:30-5:00pm | **Apr. 11**  **Meet @ West Point** | Apr. 12  NO PRACTICE | **Apr. 13 Meet @ home** |  |
| Apr. 15  3:30-4:45pm | **Apr. 16**  **Meet @ Heedum Field** | Apr. 17  3:30-4:45pm | Apr. 18  3:30-4:45pm | Apr. 19  NO PRACTICE |  |  |
| Apr. 22  NO PRACTICE | Apr. 23  3:30- 4:45pm | Apr. 24  3:30-4:45pm | Apr. 25  3:30-4:45pm | Apr.26  7:00-7:30am |  |  |
| April 29  3:30-4:45pm | **April 30**  **Meet @ Yutan** | May 1  3:30-4:45pm | **May 2**  **Meet @ Arlington** | May 3  NO PRACTICE |  |  |
| **May 6**  **Meet @ Heedum Field** |  |  |  |  |  |  |

* Practices will end no later than 5:00pm every day. **Please be prompt in picking up your child** as we have families to get home to as well.
* Practice may be moved indoors or canceled due to weather and gym availability. Please make sure your athlete has clothes for any type of weather we may encounter during a Nebraska spring. If it’s canceled we will try to let them know as early as possible so they can make transportation arrangements.