  Fort Calhoun Instructional Baseball League

**Boys age 3rd-8th**

**This form needs to be returned no later than Dec 20th. Payment should be attached with form. Please sign waiver on second sheet. Turn in to Fort Calhoun High School: ATTN Roy Prauner**

**All proceeds will go to the High School Baseball team. They will use the money for bats, balls, and equipment.**

**Dates: Jan 9,13,20,27  Feb 3,10,17,24**

**Times           Group (Please circle what group you will be in)**

**3:20-4:00  3rd Grade**

**4:00-4:40  4th Grade**

**4:40-5:20  5th/6th Grade**

**5:20-6:00  7th/8th Grade**

**Location:   Community Building**

**Cost:  $40**

League Objectives

THE INSTRUCTIONAL LEAGUE WILL FOCUS ON FUNDAMENTALS AND IMPROVING THE SKILL LEVEL OF THE PARTICIPANTS. Hitting, Mental Approach, Fielding, and Catching, will be the main focus areas.

**2020 Instructional League Staff**

Roy Prauner-Head Coach Ft. Calhoun High School

[**rprauner@ftcpioneers.org**](mailto:rprauner@ftcpioneers.org)**402-770-9070**

Assistant Coaches

Varsity Baseball Players

**Participant Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Age\_\_\_\_\_\_**

**T-Shirt Size\_\_\_\_\_**

**Parent Phone #\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Emergency     #\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

***Liability Waiver***

***I hereby give my son permission to attend the Fort Calhoun Instructional Baseball League, sponsored by the Fort Calhoun Community Schools.  Furthermore, I release the Fort Calhoun Camp Staff and the school district from all claims, which may occur while my child is attending the Instructional Baseball League.***

***P Parent/Guardian Signature***

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Make checks payable to Fort Calhoun High School**

**Please send to Fort Calhoun High School**

**Attn: Roy Prauner**

**5876 Co Rd P43**

**Ft Calhoun NE 68023**