



BENNINGTON HIGH SCHOOL

INVITATIONAL WRESTLING TOURNAMENT

DECEMBER 5, 2020

TEAMS ENTERED:

BENNINGTON	AUBURN
FORT CALHOUN	BOYS TOWN
ELKHORN MOUNT MICHAEL	ELKHORN SOUTH
DAVID CITY AQUINAS	MISSOURI VALLEY
OMAHA NORTHWEST	COLUMBUS

ENTRY FEE: \$140.00

SEND TO:
CHRIS KESSELL
BENNINGTON HIGH SCHOOL
16610 BENNINGTON ROAD
BENNINGTON, NE 68007

TIME: FIRST SESSION BEGINS AT 10:00A.M. ON THREE MATS.
Lunch break will occur as the schedule allows. Wrestling will resume approximately 30 minutes after the break begins. WE WILL MOVE THE TOURNAMENT ALONG IN A TIMELY FASHION.

WEIGH-INS: SCALES WILL OPEN AT 7:00 A.M. AND WEIGH-INS WILL BEGIN AT 8:00 A.M.
WEIGH IN'S WILL BE CONDUCTED IN THE MAIN GYM *BY TEAM in ALPHABETICAL ORDER BY SCHOOL.*

ALL TEAMS MUST BRING A PRE-MATCH WEIGH-IN FORM THE DAY OF THE MEET. ANY TEAM WHICH DOES NOT HAVE A PRE-MATCH WEIGH-IN FORM WILL NOT BE ALLOWED TO WEIGH-IN.

ROSTERS: PLEASE SUBMIT TO CASEY ZELFEL AT CZELFEL@BENNPS.ORG.

A LIST OF EACH WEIGHT CLASS YOU PLAN TO FILL MUST BE SUBMITTED TO CHRIS KESSELL BY 3PM ON 12/2/20. PLEASE COMPLETE THE LINK BELOW TO DO THIS:

The following link must be submitted by 12/2/20 at 3pm.

<https://forms.gle/1vCc9vzs7jJwHKfz6>

NO MORE THAN 112 WRESTLERS WILL BE ALLOWED TO COMPETE. IF MORE THAN 112 WRESTLERS ARE PLANNED ON, EACH SCHOOL WILL BE INSTRUCTED TO CUT ONE **OCCUPIED** WEIGHT CLASS OF THEIR CHOOSING UNTIL THE TOTAL NUMBER IS UNDER 112.

WRESTLERS WHO ARE NOT COMPETING ARE NOT ALLOWED TO COME TO THIS EVENT

BENNINGTON WILL STILL BE USING TRACK WRESTLING TO RUN THE MEET. HEAD COACHES WILL BE RECEIVING AN EMAIL FROM TRACK WRESTLING TO ENTER ROSTERS. **ALL ROSTERS NEED TO BE ENTERED BY 12 P.M. ON DECEMBER 4, 2020.**

SEEDING MEETING: IMMEDIATELY FOLLOWING WEIGH-INS, IN AUDITORIUM – approximately 8:30am.

ADMISSION: DUE TO COVID-19 AND CAPACITY RESTRICTIONS, SPECTATORS WILL NOT BE PERMITTED TO ATTEND THIS EVENT.

A STREAMING LINK WILL BE PROVIDED FOR ALL 3 MATS (see below).

LINK: <https://bennington.tv/>

AWARDS: TOP FOUR INDIVIDUALS, TOP TWO TEAMS, AND AN OUTSTANDING WRESTLER AWARD.

MEDALS WILL BE PROVIDED TO EACH COACH AT THE CONCLUSION OF THE EVENT.

CHEERLEADERS: AT THIS TIME, NO ONE HAS EXPRESSED THAT THEY WILL BE IN ATTENDANCE. I AM PLANNING ON ONLY

BENNINGTON'S WRESTLING CHEER SQUAD BEING PRESENT.
THEY WILL OCCUPY THE WALKWAYS ABOVE THE MATS TO
THE EAST AND WEST.

FOOD: A CONCESSION STAND WILL BE PROVIDED BY THE
BENNINGTON WRESTLING CLUB.
THERE WILL BE NO HOSPITALITY ROOMS THIS YEAR.

UP TO 6 COACHES WILL BE PROVIDED A BOXED LUNCH.

PLEASE COMPLETE LINK TO DETERMINE NUMBER OF
LUNCHES NEEDED:

PLEASE COMPLETE BY 12/2/20 at 3pm:

<https://forms.gle/iNyj7ARzXeaSTeQH8>

WATER: EACH TEAM SHOULD BRING THEIR OWN WATER COOLER TO
KEEP IN THEIR TEAM CAMP AREA. EACH ATHLETE SHOULD
BRING THEIR OWN WATER BOTTLE.
BHS ATHLETIC TRAINING STAFF CAN HELP WITH
FILLING/REFILLING COOLERS.
PLEASE KEEP ALL COOLERS OUT OF THE MAIN GYM.

CONTACTS: Alan Pokorny – Head Wrestling Coach alan.pokorny@nfm.com
Chris Kessell – Activities Director ckessell@bennps.org

MISCELLANEOUS:

- **FACE COVERINGS ARE REQUIRED FOR ALL COACHES, ATHLETES, AND TEAM PERSONNEL.**
- **ONLY THOSE ACTIVELY WRESTLING, AS WELL AS OFFICIALS, MAY BE WITHOUT A FACE COVERING.**
- TEAMS WILL BE PROVIDED CAMP SPACE
- WRESTLERS AND COACHES NOT PARTICIPATING WILL HAVE A SPECIFIC AREA OF THE GYM BLEACHERS WHERE THEY ARE EXPECTED TO SIT.
- **A MAP WILL BE PROVIDED AT TIME OF EVENT.**
- PLEASE PARK VANS OR BUSES IN THE NORTH LOT OFF OF 168TH STREET (WEST SIDE OF SCHOOL). VANS CAN ALSO BE PARKED IN THE STALLS.
- There is a pass list for administration and school personnel. Please submit up to 3 names to ckessell@bennps.org prior to December 4, 2020.