

# Fort Calhoun Instructional Baseball Camp

## Boys Grade 3<sup>rd</sup>-8<sup>th</sup>

This form needs to be returned no later than Dec 21st. Payment should be attached with form. Please sign waiver on second sheet. Turn in to Fort Calhoun High School: ATTN Roy Prauner

All proceeds will go to the High School Baseball team.

Camp will start Jan 6th and run through end of February. Different days and times for grade level. **\*\*7 Sessions\*\* Plus camp t-shirt\*\***

Tuesday- 5/6<sup>th</sup> Grade 4:10-5:10 (Jan 6, 13, 20, 27, Feb 3, 10, 24)

Wednesday- 4<sup>th</sup> Grade 3:20-4:10 (Jan 12, 19, 26, Feb 2, 9, 23)

Thursday 3<sup>rd</sup> Grade 3:20-4:10 (Jan 11, 18, 25, Feb 1, 8, 15, 22)

7/8<sup>th</sup> Grade 4:10-5:10

**Location:** Community Building

**Cost:** \$50

### League Objectives

THE INSTRUCTIONAL CAMP WILL FOCUS ON FUNDAMENTALS AND IMPROVING THE SKILL LEVEL OF THE PARTICIPANTS. Hitting, Mental Approach, Fielding, and Catching, will be the main focus areas.

### **2022 Camp Staff**

Roy Prauner-Head Coach Ft. Calhoun High School

[rprauner@ftcpioneers.org](mailto:rprauner@ftcpioneers.org) 402-770-9070

Assistant Coach's  
Varsity Baseball Players

Participant Name \_\_\_\_\_ Grade \_\_\_\_\_ T-Shirt Size \_\_\_\_\_

Parent Phone # \_\_\_\_\_  
# \_\_\_\_\_

Email \_\_\_\_\_

Emergency # \_\_\_\_\_

*Liability Waiver*

*I hereby give my son permission to attend the Fort Calhoun Baseball Camp, sponsored by the Fort Calhoun Community Schools. Furthermore, I release the Fort Calhoun Camp Staff and the school district from all claims, which may occur while my child is attending the Instructional Baseball League.*

*Parent/Guardian Signature*

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**Make checks payable to Fort Calhoun High School**

**Please send to Fort Calhoun High School  
Attn: Roy Prauner  
5876 Co Rd P43  
Ft Calhoun NE 68023**