Junior High & High School Pioneers,

I hope you're all having a great summer and looking forward to the upcoming school year.

Sports physicals need to be completed and turned into the main office for all incoming 7–12 athletes before athletes may participate and compete. Athletes won't be able to participate in any activities starting August 8, 2022 for high school and August 22, 2022 for junior high without a sports physical. The sports physical must take place after May 1,2022 to qualify them for the 2022–2023 school year. Return a copy of the physical to the high school office when completed. The specific line we are looking for is "the athlete is cleared without restrictions to participate in athletics."

Parental Consent Forms must also be turned into the main office before any athlete may participate in their activity. Parental Consent Forms can be found on the first page of the Fort Calhoun Activities Handbook. Coaches from each activity will hand all athletes the handbook before the first day of practice. Signed forms can be returned to your coach or main office.

Monday, August 8- First high school practice

Cross Country, Football, Softball, and Volleyball

**High School Coaching Contacts** 

- Cross Country Kyle McMahon (kmcmahon@ftcpioneers.org)
- Football Adolph Shepardson (ashepardson@ftcpioneers.org)
- Softball Mandy Taylor (mtaylor@ftcpioneers.org)
- Volleyball Liz Sevcik (lizsevcik@ftcpioneers.org)

Monday, August 22- First junior high practice

- Cross Country, Football, Volleyball
- Team meeting dates and times will be announced at school during the first week.

Junior High Coaching Contacts

- Cross Country Ali Romans (aromans@ftcpioneers.org)
- Football Roy Prauner (rprauner@ftcpioneers.org)
- Volleyball Gina Krambeck (gkrambeck@ftcpioneers.org)

Activity passes will be available at the Fall Sports Kickoff on August 19th. Passes are also available at activities and in the high school main office.

- Elementary Student- \$50
- Junior High/High School Student- \$50
- Single Adult- \$70
- Family Pass- \$150 (This includes: Mom, Dad, Children)

A live streaming system will be offered through <a href="https://nfsnetwork.com">nfhsnetwork.com</a> again this year. A camera has been installed in our competition gym and football field. With a subscription, fans will have access to watch live activities at Fort Calhoun High School. A portion of the subscription comes back to Fort Calhoun Schools.

- Monthly Subscription- \$10.99
- Annual Subscription- \$69.99

I'm excited for the new school year and look forward to having students fill our facilities again. Our purpose is to create the safest environment possible for our students and athletes as we return to school. Let's have a great year!

Mr. Schleifer