

2024 Fort Calhoun Junior High Track & Field Calendar

February 2024

| Su | Mo | Tu | We | Th | Fr | Sa |
|--|--|----|--|----|---|----|
| | | | | 1 | 2 | 3 |
| | | | | | | |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| | | | | | | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| | | | | | Coach Nelson presentation during HR | |
| 25 | 26 | 27 | 28 | 29 | | |
| Sign-up Survey sent via email; due March 1 | Starting Blocks Session 1 3:30-4:15 pm | | Starting Blocks Session 2 3:30-4:15 pm | | | |

March 2024

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|--|--|--|------------------------------------|-----------------------------|----|
| | | | | | 1 | 2 |
| | | | | | Sign-up Survey DUE TODAY | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| | Starting Blocks Session 3 3:30-4:15 pm Check out jersey and sweatsuit from Coach Nelson | Starting Blocks Session 4 3:30-4:15 pm Check out jersey and sweatsuit from Coach Nelson | Starting Blocks Session 5 3:30-4:15 pm Check out jersey and sweatsuit from Coach Nelson | NO SCHOOL Spring Break | NO SCHOOL Spring Break | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| | Starting Blocks Session 6 3:30-4:15 pm | Starting Blocks Session 7 3:30-4:15 pm | Starting Blocks Session 8 3:30-4:15 pm | | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | regular practice First day of JH track practice | regular practice | regular practice | regular practice | No practice | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | regular practice 7th & 8th girls 100m dash evaluations | regular practice | regular practice 7th & 8th boys 100m dash evaluations | optional practice *Running only | No practice | |
| 31 | | | | | | |

April 2024

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|-------------------|---|------------------|--|-------------|---|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| | optional practice | Arlington Quad Meet @ 1:30 pm -bus departs @ ~11:45 am | regular practice | regular practice | No practice | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | regular practice | North Bend Quad Meet @ 4 pm -bus departs @ ~1:45 pm | light practice | West Point Invitational @ 12:30 pm -bus departs @ ~10 am | No practice | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | light practice | DC West Invitational @ 12pm -bus departs @ 10:20 am | regular practice | FC Home Triangular @ 4 pm | No practice | FC Home Invitational @ 10 am -arrive by 9 am |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| | regular practice | No practice | regular practice | regular practice | No practice | |
| | | * We will need volunteers to work the concessions. Varsity Home Invitational | | | | |
| 28 | 29 | 30 | | | | |
| | regular practice | Yutan Invitational @ 1:30 pm -bus departs @ 11:40 am | | | | |

May 2024

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|--|---|---|---|--|--|
| | | | 1 | 2 | 3 | 4 |
| | | | regular practice | light practice | Arlington Invitational @ 2 pm -bus leaves @ 12:15 pm | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | <i>PRACTICE</i> STATE QUALIFIERS ONLY | <i>PRACTICE</i> STATE QUALIFIERS ONLY | <i>PRACTICE</i> STATE QUALIFIERS ONLY | <i>PRACTICE</i> STATE QUALIFIERS ONLY | | Nebraska JH Track & Field Championships @ TBD |
| | Check jerseys & sweatsuits into Coach Nelson | Check jerseys & sweatsuits into Coach Nelson HS Varsity District Meet @ Home Come and support! | Check jerseys & sweatsuits into Coach Nelson | | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | | | Class B State Meet @ Burke HS Come and support! | Class B State Meet @ Burke HS Come and support! | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | | | | | | |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| | | | | | | |