

Fort Calhoun Junior-Senior High School Activities Handbook 2025/2026

PIONEERS

SPORTS

Golf

Softball Basketball

Cross Country Baseball

Track Wrestling

Volleyball Football

CHEER DANCE







MCC

CLUBS

Drama

NHS Yearbook Speech POPP

Student Council

Computer Science

PAC FBLA Quiz Bowl

Skills USA

Spanish

PRINCIPLES OF EDUCATION

Fort Calhoun Junior-Senior High is a school whose goal is to become an institution constantly striving toward excellence. To be sure that this goal is reachable, we need to base its climate upon solid principles of education. The following principles have been agreed upon by, both the staff and the students of Fort Calhoun Junior-Senior High School. These principles are the guide used in creating both the teachers' and the students' handbook.

The learning environment at Fort Calhoun needs to be one in which active learning is encouraged in all classes. The classes need to be interesting, challenging and fun.

In order to become productive members of society, students need to be self-motivated, and develop strong responsibility skills.

Students are encouraged to set high goals, strive for their best, and celebrate their achievements.

Students need to take responsibility for their actions and deal with their consequences maturely.

Students need to respect the administration and staff, as well as, the administration and staff need to respect the students as individuals.

The Mission of Fort Calhoun Community Schools is to

Foster Learning

in an inspiring and caring and safe environment, provide

Opportunities For All

students to be successful, instill the attributes of

Respect and Responsibility

among staff and students alike,

and present students with the

Tools to Succeed in life.



NSAA Athletic and Activities Student and Parent Consent Form

School Year:
Member High School:
Name of Student:
Date of Birth:
Name of Place of Birth:
Name of Person(s) in Charge:
Relationship to Student:
Address(es) of Student and Parent(s)/Guardian(s)/or Person(s) in Charge**:

Note: If Student and all Parents/Guardians do not live in the same household, please include all addresses and inform the Member School as this may impact eligibility.

The undersigned(s) are the Student and the parent(s), guardian(s), or person(s) in charge of the above-named Student and are collectively referred to as "Parent".

The Parent and Student hereby:

Student Printed Name

- (1) Understand and agree that participation in NSAA sponsored activities is voluntary on the part of the Student and is a privilege and understand and agree that (a) by this Consent Form the NSAA has provided notice of the existence of potential dangers associated with athletic and activity participation; (b) participation in any activity may involve injury or illness of some type, including exposure to communicable diseases, and even catastrophic injury, paralyzation, and death; and (c) even the best supervision, the use of the best protective equipment and strict observance of rules, injuries are still a possibility:
- (2) Consent and agree to participation of the Student in NSAA activities subject to (a) all NSAA Bylaws and rules interpretations, including limitations on transfers and limitations on the use of the Student's name, image, and likeness when wearing school uniforms or engaging in commercial activity tied to the Student's participation in NSAA activities; and (b) the athletic and activities rules of the Member School;
- (3) Consent and agree to the disclosure by the Member School to the NSAA, and subsequent disclosure by the NSAA, of information regarding the Student contained in the Member School's directory information or other similar policies, and any other records or documentation needed to determine the Student's eligibility and compliance necessary to participate in NSAA activities:
- (4) Understand that (a) prior to athletic participation, a pre-participation release form signed by a health care professional must be signed and submitted to the Member School; and (b) for purposes of determining fitness to participate, injury, injury status, or emergency response, Parents may be asked to consent to the disclosure of confidential medical records or information. Records and information shared for this purpose will not be redisclosed to any entities outside of the health care provider(s), Member School, or NSAA;
- Consent and agree (a) to authorize licensed or trained individuals, including certified sports injury personnel, to evaluate and treat any injury or illness that occurs during the Student's participation in NSAA activities. This includes all reasonable and necessary care, treatment, and rehabilitation for these injuries that is made available by the Member school and/or the NSAA, including transportation of the Student to a medical facility if necessary; and (b) that Parents are obligated to pay for professional medical and/or related services; the NSAA and the Member School shall not be liable for payment of such services even if made available by the Member School or NSAA.
- (6) Understand that the Student or Student's likeness being photographed, video recorded, audio taped, or recorded by any other means while participating in NSAA activities and contests and that any such recording may be used for broadcast, sale, or display.

We, Parent(s) and Student, acknowledge that I have read paragraphs (1) through (6) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletics and activities, and agree that Student may participate in NSAA activities.

Date of Signature

Student Signature

Parent(s) Printed Name(s)	Parent Signature(s)	Date of Signature(s)
**NOTE: Remove this pag	e, sign and return it to the Coa	ch/Sponsor before start of practice
	PARENTAL INSURANCE	CWAIVER
Student' Name		
We, the undersigned, feel we have a Interscholastic Sports.	adequate insurance protection for our S	on/Daughter while practicing or participating in
Parent's/Guardian Signature		
		Date

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PERSONNEL DIRECTORY

Jerry Green	Superintendent
Nick Wemhoff	Principal
Jamie Schleifer	Assistant Principal, Activities Director

Fall Sports:		Winter Sports:		Spring Sports:	
Cross Country: Head Coach	Kyle McMahon	Boys Basketball: Head Coach	Beau Schwenka	Baseball: Head Coach	Roy Prauner
Assistant:	Rebecca McMahon	Assistants:	Zach Byrd	Assistants:	Roy Prauner
	Scott Bowen		Jason Elofson		Zach Ryan
JRH Cross Country:	Ali Romans	JRH Boys Basketball:	Greg Byelick		
	Delaney Bruening		Mark Bouwman	Golf: Head Coach	Dustin Humphrey
Football:Head Coach	Zach Byrd		Jake Prchal	Assistant:	Mike Mallette
Assistants:	Tom Byrd	Girls Basketball: Head Coach	Eric Jones		
	Joe DeMilt	Assistants:	Chris Eastman	Track:	
	Gary Ewart		Maggie Schmidt	Head Coach Boys:	Hunter Thomas
	Cole Halford		Allie Schleifer	Head Coach Girls:	Ashlie Nelson
	Tyler Jorgensen	JRH Girls Basketball:	Greg Byelick	Assistant:	Joe DeMilt
	Zane Schwarz		Brooke Jones		Tim Martens
	Jason Thomas				Dara Waters
	Hunter Thomas	Boys Wrestling: Head Coach	Drew Welchert	JRH Track:	Mark Bouwman
JRH Football: Head Coach	Roy Prauner	Assistants:	Jake Welchert		Bria Bench
			Brody Welchert		Delaney Bruening
		JRH Boys Wrestling:	Drew Welchert		Dara Waters
Softball: Head Coach	Mandy Taylor		Brody Welchert	Unified Track:	Delaney Bruening
Assisstants:	Bob Woodworth	Girls Wrestling: Head Coach	Lilly Gossman		
	Maggie Schmidt	Assistant:	Ben Gossman	Strength/Conditioning:	
		JRH Girls Wrestling:	Lilly Gossman	Coordinator	Hunter Thomas
Volleyball: Head Coach	Liz Sevcik		Ben Gossman	Assistants:	Zach Byrd
Assistants:	Cassidy Knust				Jason Thomas
	Tatum Kuti				
	Tara Mueller				
	Kris Richardson				
JRH Volleyball:	Gina Krambeck				
	Kristian Dworak				
	Amy Husk				
HS Cheerleader Sponsor:	Delaney Bruening				
HS Co-Cheer Sponsor:	Jen Lienemann				
HS Dance Team Sponsor:	Miranda Weingaertner				

Music Department	
Instrumental:	Mark Jones
Vocal:	Samantha Erickson
Club Sponsors	
Drama:	Christopher Lopez
E-Sports:	Bo Hansen
FBLA:	Gina Krambeck
Medical Careers Club:	Chriss Lloyd
National Honor Society:	Zach Byrd
PAC:	Jamie Schleifer
POPP:	Micki Hernandez

Music Department

Spanish:

Speech:

Skills USA:

Yearbook:

Ouiz Bowl:

Student Council:

GENERAL STATEMENT OF PHILOSOPHY FOR THE ACTIVITIES PROGRAM OF FORT CALHOUN PUBLIC SCHOOLS

The activities program of the Fort Calhoun Public Schools offers a wide-range of opportunities for student participation and benefit. All students are encouraged to become involved in the activities program, with participation restricted only by criteria established by various national, state, and/or local bodies. Those criteria address issues such as: academic status, competitive merit, disciplinary standing, age, and such other factors determined from time to time to be relevant and necessary.

Student participants and their parents are responsible for understanding and abiding by established regulations and procedures. All such regulations and procedures will comply with existing Board policy and other regulatory authority.

The activities program of Fort Calhoun Public Schools serves a variety of purposes, including:

- 1) Supporting academic achievement; research indicates that students involved in co-curricular activities perform better in the classroom, are more apt to finish school, and are an indicator of success in an individual's chosen career;
- 2) Teaching students important lessons about dedication, self-discipline, self-confidence, time management, teamwork, a good work ethic, and leadership skills; offering students lessons on dealing with success and failure;
- 4) Providing students with opportunities for safe and healthy social interaction;

Marylin Byrd & Alaina Wallick

Dustin Humprey & Roy Prauner

Anita Saalfeld

Sara Wellman

Sheri Homolka

Sara Gross

- 5) Allowing students an alternative means of achievement and accomplishment;
- 6) Promoting home-school relations through providing a source of entertainment, creating a sense of community pride, and showing students at their best.

SPORTSMANSHIP

At its best, athletic competition can hold intrinsic value for our society. It is a symbol of a great ideal; pursuing victory with honor. "As Fort Calhoun Pioneers' be the leaders in Sportsmanship"

The love of sports is deeply embedded in our National consciousness. The values of millions of participants and spectators are directly and dramatically influenced by the values conveyed by organized sports.

In the belief that the impact of sports can and should enhance the character and uplift the ethics of our school and athletic program, we have adopted the following: It is therefore agreed:

- 1. The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and six core principles: "Trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these six pillars of character."
- 2. Coaches, and school administrators will take the lead to promote sportsmanship and foster good character by teaching, enforcing, advocating, and modeling these ethical principles.
- 3. Our sports program will promote sportsmanship by enhancing the mental, social and moral development of athletes and teach them positive life skills that will help them become personally successful and socially responsible.
- 4. Participation in athletic programs is a privilege, not a right. To earn that privilege, athletes must conduct themselves, on and off the field, as positive role models who exemplify good character.
- 5. Everyone involved in athletic competition, including fans, has a duty to treat the traditions of the sport and other participants with respect. We all have the responsibility to model respectful behavior and the duty to refrain from disrespectful conduct, including verbal abuse of opponents and officials, profane and belligerent trash talking, taunting and unseemly celebrations.

PARTICIPATION GUIDELINES

The following regulations and guidelines reflect the framework of the district philosophy. These have been developed to serve as a guide to students, parents, coaches, sponsors, administrators, and Board of Education members in the development and administration of the district's activities program. These guidelines are written for all school activities. Coaches and or sponsors will provide additional information pertaining to each specific activity.

A. VARSITY ACTIVITIES

1. The purpose of varsity activities is to put forth the best competitive effort for the team in question. To that end, coaches will give playing time priority to those players (eligible for varsity competition) demonstrating the greatest ability, competitive nature, and team attitude. Playing time for many participants may be limited.

B. JUNIOR VARSITY ACTIVITIES

1. Junior varsity activities are designed to develop the talent needed for a competitive performance at the varsity level. Each participant at the junior varsity level will have the opportunity to play during each regular season contest provided that he/she has met all other criteria for participation and his/her playing will not create safety or welfare concerns. Coaches will give playing time priority to those players demonstrating the greatest ability, competitive nature, and team attitude.

C. RESERVE ACTIVITIES

- 1. Activities offered at the reserve level will emphasize the teaching of fundamentals, sportsmanship, teamwork, and competitive spirit.
- 2. Each participant on a reserve level team will play during each regular season contest provided that he/she has met all other criteria for participation and his/her playing will not create safety or welfare concerns. Coaches will give playing time priority to those players demonstrating the greatest ability, competitive nature, and team attitude.

3. If a reserve team is entered in a tournament, the team's goal will be to win as many tournament games as possible. To that end, participants judged by coaches to be the best qualified will receive playing time priority.

D. JUNIOR HIGH SCHOOL ACTIVITIES

- 1. Activities offered at the junior high level will emphasize the teaching of fundamentals, sportsmanship, teamwork, and competitive spirit.
- 2. Each participant on a junior high school team will play during each regular season contest provided that he/she has met all other criteria for participation and his/her playing will not create safety or welfare concerns.
- 3. To the extent possible, the athletic director will schedule contests for junior high school students equal to the maximum number allowable under state law.
- 4. The junior high activities will be organized using an A, B, and C structure. The top players will be on the "A" Team regardless of grade. The "B" Team will be composed of the next group of players, and so on. With this structure, there could possibly be 7th and 8th graders playing on any of the three teams.
- 5. If a junior high school team is entered in a tournament, the team's goal will be to win as many tournament games as possible. To that end, participants judged by coaches to be the best qualified will receive playing time priority.

PHYSICAL EXAMINATIONS

The State Athletic Association rules require all high school athletes and Fort Calhoun Community School requires all junior high athletes to have a physical exam before starting athletic practices each year. This exam may be any time after May 1, of the preceding school year. There are two means of meeting this requirement: 1. Family physician: 2. Group physicals. Fort Calhoun Community Schools will provide a physical form upon request. In order to be allowed to participate in school activities, the physician needs to note/mark that the student is cleared to participate without restriction on the physical form.

INSURANCE

All athletic participants are encouraged to be covered by insurance. The school does not carry injury insurance coverage for athletics. However, this can be done in two ways:

- A. By having family insurance at home.
- B. Subscribe to insurance through the school.
 - 1) Football players can get football insurance policies through the school. This covers only football injuries.
 - 2) All other sports are covered by the all-student insurance, which is offered through the school each year at a nominal rate. Forms are available in the high school office.

CONCUSSION AWARENESS

Training to recognize the symptoms of concussions and brain injuries and how to seek their proper medical treatment shall be made available to coaches of the district's athletic teams.

The district will provide information on concussions and brain injuries to athletes and their parents or guardians prior to the beginning of practice or competition including at least:

- 1. The signs and symptoms of concussions;
- 2. The risks poses by sustaining a concussion; and
- 3. The actions a student should take in response to sustaining a concussion including the notification of coaches.

A student participating on a school athletic team shall be removed from a practice or game when reasonably suspected of having sustained a concussion or brain injury in that activity after observation by

a coach or a licensed health care professional that is professionally affiliated with or contracted by the school

The injured student shall not be permitted to participate in any school supervised team athletic activities involving physical exertion, including, but not limited to, practices or games, until the student;

- 1. Has been evaluated by a licensed healthcare professional;
- 2. Has received written and signed clearance to resume participation in athletic activities from the licensed healthcare professional;
- 3. Has submitted the written and signed clearance to resume participation in athletic activities to the school accompanied by written permission to resume participation from the student's parent or guardian.

If a student is reasonably suspected after observation of having sustained a concussion or brain injury and is removed from an athletic activity as required above, the parent or guardian of the student shall be notified by the school of the date and approximate time of the injury suffered by the student, the signs and symptoms of a concussion or brain injury that were observed, and any actions taken to treat the student.

CONCUSSION SIGNS, RISKS, ACTIONS AND RETURN TO PLAY INFORMATION

A concussion is a brain injury. Concussions are caused by a bump or blow to the head. Even a "ding," "Getting your bell rung," or what seems to be a mild bump or blow to the head can be serious. You can't see a concussion. Signs and symptoms of concussion may show up immediately after the injury or may not appear to be noticed until days or weeks after the injury.

What are the signs and symptoms of a concussion?

If your child has experienced a bump or blow to the head during a game or practice, look for any of the following signs and symptoms of a concussion:

Signs Observed by Parents or Guardians

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

Symptoms Reported by Athlete

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right"

How can you help your child prevent a concussion?

Every sport is different, but there are steps that your children and you can take to protect them from injuries such as concussion:

- Ensure that they follow their coach's rules for safety and the rules of the sport.
- Encourage them to practice good sportsmanship at all times.
 - Make sure they wear the right protective equipment for their activity such as helmets, padding, shin guards, and eye and mouth guards. Protective equipment should fit properly, be well maintained, and be worn consistently and correctly.
- Learn the signs and symptoms of a concussion.

What should you do when you think your child has suffered a concussion?

1. **Seek medical attention immediately.** A health care professional will be able to decide how serious the concussion is and when it is safe for your child to return to sports.

- 2. **Keep your child out of play.** Concussions take time to heal. Don't let your child return to play until a health care professional says it's OK. Children who return to play too soon while the brain is still healing risk a greater chance of suffering a second concussion. Repeat or later concussions can be very serious. They can cause permanent brain damage and affect your child for a lifetime.
- 3. **Tell your child's coach about any recent concussion.** Coaches should know if your child had a recent concussion. Your child's coach may not know about a concussion your child suffered in another sport or activity unless you tell him or her.

IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON.

<u>The Risks:</u> Concussions are known to be cumulative. That is, each time you have a concussion it is easier to get another concussion in the future. Repeated concussions can lead to long-term memory loss, psychiatric disorders, brain damage, and other neurological problems. If a person has had a number of concussions, the doctor likely will advise the person to avoid the activities that may put them at risk for future head injuries and to discontinue contact sports.

Return to Play Protocol

The majority of injuries will be simple concussions and such injuries recover spontaneously over several days. In these situations, it is expected that an athlete rapidly through the stepwise return to play strategy.

During this period of recovery in the first few days following an injury, it is important to emphasize to the athlete that physical AND cognitive rest is required. Activities that require concentration and attention may exacerbate the symptoms and result in a delayed recovery. This concept of "cognitive rest" appears to be of significant importance in student athletes.

The return to play following a concussion follows a stepwise process:

- 1. No activity, complete rest. Once asymptomatic, proceed to step 2.
- 2. Light aerobic exercise such as walking or stationary cycling, no resistance training.
- 3. Sport specific exercise (e.g.: running), progressive addition of resistance training at steps 3 or 4
- 4. Non-contact training drills.
- 5. Full contact training after medical clearance.
- 6. Game play

With this stepwise progression, the athlete should continue to proceed to the next level if asymptomatic level and try to progress again after 24 hours.

In cases of complex concussion, the rehabilitation will be more prolonged and return to play advice should be more circumspect. It is recommended that physicians manage complex cases with a specific expertise in the management of such injuries.

An additional consideration in return to play is that concussed athletes should not only be symptom free but also should not be taking any pharmacological agents/medications that may affect or modify the symptoms of concussion.

Return to Learn

Students who have sustained a concussion and returned to school may need informal or formal accommodations, modifications of curriculum, and monitoring by medical or academic staff until the student is fully recovered. The school's "return to learn protocol" shall be the guidance provided by the Nebraska Department of Education entitled "Bridging the Gap from Concussion to the Classroom," and

accompanying materials and future supplements. Nothing in this policy or the referenced protocol shall entitle a student who has sustained a concussion to an individualized plan under Section 504 of the Rehabilitation Act, although staff will refer students who have sustained a concussion for evaluation under Section 504 as appropriate.

INJURY REPORTS - see page 33

A. Any student, if injured on the way to school, during school, on the way home from school, or during a school sponsored activity, should make sure an injury report has been filled out and turned in to the office. If the student is covered by school insurance, it is her/his responsibility to report to the office to initiate the insurance claim. Claim forms can be secured at the high school office. B. Athletes injured in sports should make sure the coach has filled out and submitted an injury report to the office. Athletes, too, have the responsibility of follow-up - - to initiate the insurance claim, if the injury resulted in ambulance service, doctors care, or hospital expenses. Remember - insurance companies have no way of knowing about an injury unless you inform them through a claim form. Claim forms can be secured in the high school office.

EXTRA - CURRICULAR

DEFINITION

Extra-curricular activities include all school organizations and clubs, which involve performances/activities outside of the regular 8:00AM to 3:10PM school routine.

STUDENT ACTIVITY PARTICIPATION CODE

Before students are allowed to participate in school-sponsored activities, students and parents must sign the Parental Consent Form at the back of the handbook indicating they have read the Student Activities Handbook.

GENERAL RULES

APPEARANCE

- A. All participants will dress in such a manner as to be representative of the student body and community. Dress, which infringes upon the rights of others, will not be permitted.
- B. Any student dressed inappropriately will be sent home to change clothing before they are allowed to be with the activity/organization.

WEDNESDAY NIGHTS

The school will schedule no contests, games, or performances on family night. Practices are expected to be concluded by 5:30PM, with students out of the building by 5:45PM. Occasionally, however, activities are held on Wednesday evenings when scheduled at the State or District level (these are beyond the school's control).

CHANGING ACTIVITIES

Students will be allowed to transfer from one activity to another during a given season only upon approval of both sponsors and the athletic director. Before a student will be allowed to compete, there will be a minimum waiting period of five (5) practices.

STUDENT RESPONSIBILITIES

- 1. Students must take care of all obligations (equipment, fines, etc.) from their last activity before participating in another activity.
- 2. School owned equipment and uniforms are to be worn only at scheduled practices or games/meets.
- 3. All equipment is to be stored in and issued from equipment rooms. At no time is there to be a student in the equipment room without coaches/sponsors' permission.

- 4. Students are allowed to participate in an event or practice only if they are in school the second half of the day. The principal or athletic director may approve individual exceptions.
- 5. Students are to report to the practice/event area on time as set by the coach/sponsor.
- 6. In most situations, transportation to participate in school activities will be provided by the school District.
 - a) When the school provides transportation, students are required to travel to and from the activity with the team or organization. First violation will result in a 1-week activity suspension. (See c. below for exceptions)
 - b) Students are expected to behave appropriately while on school buses. The bus riding rules, as explained in the Parent/Student Handbook, will be enforced while being transported for activities.
 - c) Traveling in school transportation is required for safety and liability purposes and for developing team, organizational, and school spirit. The one exception in school transportation is when parents request that their child return from an activity with them or the parent of another student. This request must be in writing and must be given to the sponsor or coach prior to the return trip home. Parents must sign off on the travel list. For more detailed information regarding travel, see "Transportation to Activities" on page 20.

*Consequences for violating the student's responsibilities are addressed in each activity's specific guidelines.

SPECIFIC RULES

INDIVIDUAL ACTIVITY GUIDELINES

Each activity has specific rules and regulations for the development of sportsmanship and ethical conduct within the parameter of the school's legal responsibilities (i.e. on school grounds or at a school sponsored activity).

All rules of behavior specific to an activity and the possible consequences of violating those rules are approved by the administration and then communicated to the participants and their parents prior to the start of an activity.

SUPERVISION

Each coach/sponsor is responsible for the supervision of students before, during, and after all functions. The coach/sponsor is required to be in the building until all students under their supervision are out of the school. Students are not to use facilities or equipment unless under direct supervision of a coach/sponsor or designated adult.

SCHOOL DISTRICT BUS RIDER RULES

Regular school conduct is required of all students. Any violations or causes of misbehavior will be reported to the transportation director. The following procedure will be utilized to ensure that everyone concerned realizes the consequences for inappropriate behavior on the bus:

SCHOOL CODE OF CONDUCT ELIGIBILITY POLICY WILL BE ENFORCED. Please read and review these rules with your children.

- 1. While riding the buses, students are under the supervision of the school bus driver and must obey rules at all times. The driver has the responsibility to notify the transportation supervisor of misconduct; the transportation supervisor or the building principal has the authority to temporarily suspend a student from riding the bus.
- 2. Treat bus equipment as you would valuable furniture in your own home. Damage to seats, etc., will be paid for by the offender. Any damage should be reported to the driver. Knives or sharp objects of any kind are not allowed, nor are firearms, pets, or other live animals. Smoking, eating, drinking, and use of profane or immoral language are prohibited on the school bus. The driver may assign the students seats and hold them responsible for their seats.

- 3. Students are expected to conduct themselves in a manner such that they will not distract the attention of their driver or disturb other riders on the bus. Students should not divert the driver's attention by talking to him, except in the case of an emergency.
- 4. Bus riders are expected to be courteous to fellow students and the driver. Horseplay, fighting, scuffling or slapping at others will not be tolerated on the bus. Seats may not be reserved.
- 5. Students should assist in keeping the bus clean, sanitary and orderly at all times. Paper, food or other objects should not be thrown on the floor of the bus. No cans or bottles will be allowed on the bus. Keep the aisle and front door walk clear. Do not put your feet in the aisle. When departing from the bus, remove all items, which were carried on to the bus.
- 6. Students are permitted to open windows if the driver consents. Hands, arms, and heads should be kept inside the bus at all times. No objects of any nature shall be thrown or passed into or from the bus door or windows by passengers or others. Students should refrain from calling out to passersby.
- 7. Noise on the bus should be kept to a minimum. The same behavior is expected on the school bus as in a classroom. Riders should not change seats while the bus is in motion. Absolute quiet is necessary when the bus is approaching and crossing a railroad track to allow the driver to listen for approaching trains.
- 8. Never tamper with the bus or any of its equipment, i.e. fire extinguishers, first aid kit, or emergency door. These are to be used only in case of an emergency by an authorized person.
- 9. If the emergency door or emergency window exits are found open or partially open, the bus driver should be immediately notified. The rear door is an EMERGENCY DOOR and should be used only in an emergency and at the direction of the driver. It is not to be tampered with. In case of an emergency, students are to follow the directions given by the driver and remain on the bus unless told to unload. 10. All school rules apply to buses. This is considered a part of the school day for those students who ride the bus
- 12. Students who participate in activities shall ride to and from the activity on school-sponsored transportation. Written requests, <u>submitted to the coach and or sponsor of the activity</u>, may be made by parents asking that their student be allowed to go or return from the activity with the parents or with other parents. Such requests may be honored. At no time will students be allowed to ride home with other students or younger adults. While at the activity, students are to remain with the group at the site of the activity or other assigned site or staging area unless excused by the school's sponsor. This policy has been created for the safety of students and for the convenience of the parents, instructors, and sponsors. First violation will result in a 1-week activity suspension.

ELIGIBILITY RULES

IN ORDER TO REPRESENT A NEBRASKA HIGH SCHOOL IN INTERSCHOLASTIC ACTIVITIES COMPETITION, A STUDENT MUST ABIDE BY ELIGIBILITY RULES OF THE NEBRASKA SCHOOL ACTIVITIES ASSOCIATION. A SUMMARY OF THE MAJOR RULES IS GIVEN BELOW. FOR ALL NSAA ELIGIBILITY RULES GO TO nsaahome.org. CONTACT THE PRINCIPAL OR ACTIVITIES DIRECTOR FOR AN EXPLANATION OF THE COMPLETE RULE.

- **2.2.1 Participants.** Individuals who are bona fide students of a member high school and have not graduated from any high school or its equivalent, and students of a middle level school that is a part of a member high school's system who compete or practice with a member high school team may be permitted to participate in activities of the Nebraska School Activities Association. [Per 2.5.1 To be eligible, the student must be continuously enrolled in at least twenty credit hours of instruction per semester at the school the student represents in interscholastic competition.] Exempt or home school students from authorized Rule 13 schools must be continuously enrolled in a minimum of five credit hours of instruction per semester at the school the student represents in interscholastic competition.
- hours of schoolwork, at least five of those credit hours in the member high school, are not eligible to represent a member school in NSAA activities, regardless of the level of participation or competition.
- 2.2.2 Semester Limitation. A student shall become ineligible after eight semesters of school

membership beginning with his/her initial enrollment in grade nine.

- **2.3.1** Age Limitation. No student shall be eligible for interschool competition who has attained the age of nineteen years except as follows: A student who becomes nineteen years of age on or after August 1 shall be eligible on the basis of age until the end of the current school year.
- **2.4.1** A student must have enrolled in some high school on or before the eleventh school day of the semester in which the contest takes place to be eligible for varsity interscholastic competition.
- **2.5.1** Current Semester. To be eligible, the student must be continuously enrolled in at least twenty credit hours of instruction per semester at the school the student represents in interscholastic competition. Exempt or home school students from authorized Rule 13 schools must be continuously enrolled in a minimum of five credit hours of instruction per semester at the school the student represents in interscholastic competition. Students enrolled in college classes at an accredited institution should be allowed to use those classes in meeting the twenty-credit hour eligibility requirements. No student should be allowed to use more than two classes from an accredited institution in one semester. Proof of enrollment and payment of fees should be provided to the

Activities Director to verify they are registered and enrolled for the class (es).

- **2.5.2** To be eligible, a student shall have credit on the school records for twenty credit hours of school work for the immediate preceding semester.
- **2.6.2.1** In order for a guardian to be recognized as a legal parent, there must be properly certified documentation from a court of competent jurisdiction indicating the date of appointment, powers conferred and whether the guardian was appointed due to death, incompetency, or unsuitability of the natural parents.
- **2.6.3** Selection of School for Activity Eligibility. When a student enters a high school for the first time after promotion from grade eight of a two-year junior high school, or a sixth, seventh, and eighth grade middle school, or from grade nine of a seventh, eighth, and ninth grade junior high school, he/she may enter the high school of his/her choice and be eligible immediately if eligible in all other respects. Any subsequent transfer to another high school, unless there has been a change in domicile by his/her legal parents, or the student meets the requirements of the May 1 Transfer List (2.7.8.1), shall render the student ineligible for varsity competition for ninety school days.
- **2.6.3.1** The term "home school district" shall mean the school district in which the student's legal parent's domicile is located.
- **2.6.3.2** Once a student selects and attends a high school, that school is where the student's eligibility shall be established.

Student eligibility related to domicile can be attained in the following manners:

- **2.6.9.1** If this domicile is changed during the school year, the student is eligible for the remainder of that school year in the school district from which the parents moved.
- **2.6.9.2** If this domicile is changed during the summer months that immediately precede the school year and the student is in grade twelve and has attended the high school for two or more years, the student may be eligible for that school year in the school district from which the parents moved
- **2.6.9.3** If a student elects to remain at the high school where he/she initially enrolled after being promoted from grade eight of a middle or junior high school, or grade nine of a junior high school, he/she is eligible at that school, or is eligible at a high school located within the school district in which the parents established their domicile.
- **2.6.10 Parents Change Domicile Within a School District.** If a student's parents change domiciles within a school district that has more than one high school, the student has the following choices:
- **2.6.10.1** The student may remain at the school being attended at the time of the parents' domicile change and remain eligible. If a student remains at the original school and attends this school at the start of the next school year, the student is considered to have tied his/her eligibility

to the original school. Any subsequent transfer without the accompanying change of domicile by his/her parents would result in a loss of eligibility for varsity competition for a period of ninety school days.

- **2.7.7** Transfers. An exception to NSAA Bylaws may be considered for transfer students who have transferred to a member Nebraska high school that is located in a school district other than the district where the student's legal parents' domicile is located.
- **2.7.8** School to School Transfers. Eligibility will be considered for students who are transferring to a Nebraska member high school when there is not a change of domicile by the legal parents. This would apply to students who transfer: (1) from public school to private school; (2) from private school to public school; (3) from private school to private school; (4) from public school to public school; (5) transfers from Nebraska school to Nebraska school within a multi-school district; OR (6) from an out-of-state school to a Nebraska member high school.
- **2.7.9** Transfer to Home School District. Any student entering high school for the first time after promotion from grade eight who did not initially enroll in the high school located in the school district where their student's parents have their domicile, or a student who transfers back to a high school located in the school district where his/her legal parent(s) have established their domicile shall be ineligible for ninety school days.
- **3.5.1** Any student who participates in any athletic contest other than as a representative of his/her high school during the season of the sport involved becomes ineligible to represent his/her school in that sport for one or more contests or the remainder of the season.
- **3.5.1.1** Swimming and Diving Outside Participation. During the school sport season of swimming and diving, a student may, after fulfilling all requirements, practices and competitions of the school swimming and diving team, practice and/or compete as a member of a non-school team or as an individual participant in an organized non-school swimming and diving practice or competition under the conditions listed below.
- **3.6.1** No member school shall permit its students to compete in any all-star contest nor be a member of any all-star team. No athletic team from any member school shall compete against any all-star team. A student violating this rule shall be declared ineligible for all interscholastic competition for a period of one year from the date of last offense.
- **3.7.1** A student shall be an amateur in all sports sponsored by the Nebraska School Activities Association. A student may be declared ineligible if he/she:
 - A) Accepts merchandise, compensation of any nature, or illegal awards for competing in Association-sponsored activities.
 - B) Enters into any agreement or contract to compete in professional sports.
 - C) Permits, with or without actual endorsement, the use of name, picture, and/or personal appearance as an athlete in the promotion of a commercial or profit-making event, item, plan, or service (this does not prevent a student's picture or name from being included in programs); or,
 - D) Receives merchandise or compensation of any nature for coaching any NSAA approved sport during the season of the sport in his/her school.

FORT CALHOUN ELIGIBILITY

In addition to the observance of the Nebraska School Activities Association eligibility rules, the following rules are in effect for Fort Calhoun students.

ACADEMIC ELIGIBILITY

Eligibility List: The eligibility list comes out every week. This list of students indicates class work that is failing. Any student becomes ineligible for all extracurricular activities upon receiving a failing mark in 1 subject until the grade becomes passing. Any student may appeal their eligibility status to the building principal.

An academically ineligible student may still participate in athletic practices, regular club meetings, and class field trips during the period in which that class meets.

Ineligible students are excluded from:

- •All athletic competition
- •All meetings, conventions outside the local school system
- •All field trips, which cause students to miss other classes
- •All evenings or after school activities (social or support) of school sponsored clubs, organizations, or groups
- •The following music performances: NSAA contests, field contests, solos, ensembles, honor choir, honor band, pep-band, or performances during regular school hours that would require a student to be absent from classes other than music.

Further, the ineligible student will not be allowed to be in uniform for games or contests.

An exception to the Academic Eligibility Rule may be made for students that have qualified for a State contest or who hold a District or State office while being ineligible. The principal or activities director may make exceptions to the rules.

Fort Calhoun Community Schools Personal Electronic Devices (PEDs) Expectations

The Fort Calhoun Board of Education approves updates to the student handbooks regarding PEDs at all levels to protect the safety and well-being of all students and to protect the instructional time by reducing the number of outside distractions. This aligns with Fort Calhoun Community Schools effort to promote the mental health and overall well-being of students and staff.

The updated PED Expectations as shown below will be reflected in student handbooks and implemented starting January 7th, 2025.

Personal Electronic Devices Expectations:

- On campus, during *regular school hours, PEDs including cell phones, smart watches, etc., will be turned off. They can be stored in lockers or out of sight. It is highly encouraged that elementary students leave their PEDs at home. *Regular school hours, 8-3:10 M-Th, 8-1:30 Friday
- Students may use cell phones or other electronic devices when given permission by administration or their designee.
- Headphones and earbuds will only be connected to a school issued device and at the discretion of the teacher or supervising staff member.
- Students who need electronic devices to monitor health conditions will continue to follow their individualized plans.
- Staff may use PEDs during the school day for safety concerns, staff communication, parent communication.

Violation of PEDs Expectations will result in the following:

- First Offense: Cell phones will be taken and returned at the end of the day.
- Second Offense: Cell phones are taken, and parents/guardians must come to retrieve their child's phone.
- Third and subsequent Offenses: Cell phone taken, Friday school assigned, and parents must meet with administration and discuss the problem prior to getting the phone back.

Respect for Privacy Rights:

- Students shall not photograph or videotape other individuals at school or at school-sponsored activities
 without their knowledge and consent, except for activities considered to be in the public arena such as
 sporting events or public performances.
- Students shall not email, post to the internet, or otherwise electronically transmit images of other individuals taken at school without their expressed written consent.
- Use of cellular phones or other electronic devices are strictly prohibited in locker rooms and restrooms.
- Students found violating privacy rights using cell phone cameras or recording devices will be subject to disciplinary sanctions, including, but not limited to referral to law enforcement.

Rationale:

It is a priority that Fort Calhoun Community Schools maintain a safe learning environment conducive to all students. A PED free school will help provide a more engaging learning classroom and help build positive personal relationships with students and staff.

Cheating, Plagiarism, and Academic Dishonesty

Students who are academically dishonest (cheating / plagiarism) must meet with their teacher and/or administrator. Parents will be notified as soon as it is appropriate to do so by the teacher or administrator. Consequences for academic dishonesty may include both academic and behavioral consequences. Students may be allowed to resubmit work or retake a test for a reduced grade to demonstrate knowledge. A progressive sequence of consequences will be used for repeated violations of this policy within an academic school year. The teacher and/or administrator will communicate with the student whether the work can be completed on their own time or must be completed under the supervision of staff and/or administration.

Artificial Intelligence (AI) may be used in support of student education when permitted by the teacher via School Policy 6038. Students who utilize or substitute AI in place of their own scholastic work are in violation of the Cheating, Plagiarism, and Academic Dishonesty Policy.

HOMEWORK – Late Assessment Policy

Once an assignment is late a student may receive a reduction of 10% of the final grade they earned for that late assessment. Students may continue to receive a 10% reduction per day if an assignment is turned in within a 5 school-days of the due date. After the 5 school days, students may then receive 50% of the credit they earned on the late assignment up until the assessment piece (test, project, or paper) is completed. After the summative assessment piece is given, students may receive a 0 for the incomplete assignment.

*Junior high students may receive 50% credit up to the end of the quarter because of the "Reward-Recovery" system.

MULTI-TIERED SYSTEMS OF SUPPORT (MTSS)

Fort Calhoun Junior-Senior High School uses the MTSS model to provide specified supports for students based upon their need. The tiered approach gives the school administration, or their designee, the ability to increase supports for students with the intention to improve a students chance to pass every class. In addition, supports are in place for students both academically as well as behavior/social-emotional supports. MTSS Tiers include but are not limited to:

- Tier 1 Regular classroom instruction, academic/social-emotional counseling, access to teachers upon students' request, Ineligible list pull-out support.
 - Tier 2 Foundations class, 504 accommodations, Tier 2 counseling services.
- Tier 3 Individual Education Plan (IEP) accommodations, Tier 3 counseling services, Pioneer Learning Center (PLC).
- *Ineligible list pull-out support students may be pulled from their regular class by a teacher to receive one-on-one or small group support. Students who are consistently failing a class may be identified as qualifying for Foundations Class.
- **Foundations Class students may be assigned to attend foundations class if they have previously failed a core academic course, are continuously on the ineligible list, OR are identified by the administration, or their designee, as below "grade-level" as identified on standardized tests (NSCAS, NWEA, ACT/PreACT).

PROHIBITED CONDUCT

All participants in extra-curricular activities are required to observe the Student Code of Conduct as prescribed in the Parent/Student Handbook. A student becomes ineligible for all extra-curricular activities of the school program and suspension from all extra-curricular activities shall result when,

during the school year (including fall practice), a sponsor, teacher, administrator or police officer has determined that there has been any violation of the Code of Conduct.

CODE OF CONDUCT FOR ALL STUDENTS OF FORT CALHOUN SCHOOLS Board Policy 5035

Administrative and teaching personnel may take actions regarding student behavior, other than those specifically provided in this policy and the Student Discipline Act, which are reasonably necessary to aid the student, further school purposes, or prevent interference with the educational process. Such actions may include, but need not be limited to, counseling of students, parent conferences, referral to restorative justice practices or services, rearrangement of schedules, requirements that a student remain in school after regular hours to do additional work, restriction of extracurricular activity, or requirements that a student receive counseling, psychological evaluation, or psychiatric evaluation upon the written consent of a parent or guardian to such counseling or evaluation. Disciplinary consequences may also include in-school suspension, Saturday School, and any other consequence authorized by law. District administrators may develop building-specific protocols for the imposition of student discipline.

In this policy, references to "Principal" shall include building principals, the principal's designee, or other appropriate school district administrators.

Any statement, notice, recommendation, determination, or similar action specified in this policy shall be effectively given at the time written evidence thereof is delivered personally to or upon receipt of certified or registered mail or upon actual knowledge by a student or his or her parent or guardian.

Any student who is suspended or expelled from school pursuant to this policy may not participate in any school activity during the duration of that exclusion including adjacent school holidays and weekends. The student activity eligibility of a student who is mandatorily reassigned shall be determined on a case-by-case basis by the principal of the building to which the student is reassigned.

Short-Term Suspension

The Principal may exclude students from school or any school function for a period of up to five school days (short-term suspension) on the following grounds:

- 1. Conduct constituting grounds for expulsion as hereinafter set forth; or,
- 2. Other violations of rules and standards of behavior adopted by the Board of Education or the administrative or teaching staff of the school, that occur on or off school grounds, if such conduct interferes with school purposes or there is a connection between such conduct and school.

The following process applies to short-term suspension:

- 1. The Principal shall make a reasonable investigation of the facts and circumstances. Short-term suspension shall be imposed only after a determination that the suspension is necessary to help any student, to further school purposes, or to prevent an interference with school purposes.
- 2. Prior to commencement of the short-term suspension, the student will be given oral or written notice of the charges against the student. The student will be advised of what he or she is accused of having done, be given an explanation of the evidence the authorities have, and be given an opportunity to explain the student's version of the facts.
- 3. Within 24 hours or such additional time as is reasonably necessary following the suspension, the Principal will send a written statement to the student, and the student's parent or guardian, describing the student's conduct, misconduct or violation of the rule or standard and the reasons for the action taken. An opportunity will be given to the student, and the student's parent or guardian, to have a conference with the Principal ordering the short-term suspension before or at the time the student returns to school. The Principal shall determine who, in addition to the parent or guardian, is to attend the conference.
- 4. Students who are short-term suspended will be given the opportunity to complete classwork.

Emergency Exclusion

Students may be emergency excluded from school pursuant to the board's separate policy on emergency exclusion or state law.

Weapons and/or Firearms

Students may be disciplined for the possession of weapons and/or firearms pursuant to the board's separate policy on weapons and firearms or state law.

Long-Term Suspension

Students may be excluded by the Principal from school or any school function for a period of more than five school days but less then twenty school days (long-term suspension) for any conduct constituting grounds for expulsion as hereinafter set forth. The process for long-term suspension is set forth below.

Expulsion

- 1. **Meaning of Expulsion.** Expulsion means exclusion from attendance in all schools, grounds and activities of or within the system for a period not to exceed the remainder of the semester in which it took effect unless the misconduct occurred (a) within ten school days prior to the end of the first semester, in which case the expulsion shall remain in effect through the second semester, or (b) within ten school days prior to the end of the second semester, in which case the expulsion shall remain in effect for summer school and the first semester of the following school year, or (c) unless the expulsion is for conduct specified in these rules or in law as permitting or requiring a longer removal, in which case the expulsion shall remain in effect for the period specified therein. Such action may be modified or terminated by the school district at any time during the expulsion period.
- 2. **Summer Review**. Any expulsion that will remain in effect during the first semester of the following school year will be automatically scheduled for review before the beginning of the school year. The review will be conducted by the hearing officer who conducted the initial expulsion hearing, or a hearing officer appointed by the Superintendent in the event no hearing was previously held or the initial hearing officer is no longer available or willing to serve, after the hearing officer has given notice of the review to the student and the student's parent or guardian. This review shall be limited to newly discovered evidence or evidence of changes in the student's circumstances occurring since the original hearing. This review may lead to a recommendation by the hearing officer that the student be readmitted for the upcoming school year. If the school board or board of education or a committee of such a board took the final action to expel the student, the student may be readmitted only by action of the board. Otherwise the student may be readmitted by action of the Superintendent.
- 3. **Suspension of Enforcement of an Expulsion:** Enforcement of an expulsion action may be suspended (i.e., "stayed") for a period of not more than one full semester in addition to the balance of the semester in which the expulsion takes effect, and as a condition of such suspended action, the student may be assigned to a school, class, or program/plan and to such other consequences which the school district deems appropriate.
- 4. **Alternative School or Pre-expulsion Procedures.** The school shall either provide an alternative school, class or educational program for expelled students or shall follow the pre-expulsion procedures outlined in Neb. Rev. Stat. 79-266.

Grounds for Long-Term Suspension, Expulsion or Mandatory Reassignment:

The following conduct constitutes grounds for long-term suspension, expulsion, or mandatory reassignment, subject to the procedural provisions of the Student Discipline Act, Neb. Rev. Stat. § 79-254 through 79-296, when such activity occurs on school grounds, in a vehicle owned, leased, or contracted by a school being used for a school purpose or in a vehicle being driven for a school purpose by a school employee or by his or her designee, or at a school-sponsored activity or athletic event:

- 1. Use of violence, force, coercion, threat, intimidation, or similar conduct in a manner that constitutes a substantial interference with school purposes;
- 2. Willfully causing or attempting to cause substantial damage to property, stealing or attempting to steal property of substantial value, or repeated damage or theft involving property;
- 3. Causing or attempting to cause personal injury to a school employee, to a school volunteer, or to any student. Personal injury caused by accident, self-defense, or other action undertaken on the reasonable belief that it was necessary to protect some other person shall not constitute a violation of this subdivision:
- 4. Threatening or intimidating any student for the purpose of or with the intent of obtaining money or anything of value from such student;
- 5. Knowingly possessing, handling, or transmitting any object or material that is ordinarily or generally considered a weapon (see also board policy on weapons and firearms);
- 6. Engaging in the unlawful possession, selling, dispensing, or use of a controlled substance or an imitation controlled substance, as defined in section 28-401, a substance represented to be a controlled substance, or alcoholic liquor as defined in section 53-103.02 or being under the influence of a controlled substance or alcoholic liquor (note: the term "under the influence" for school purposes has a less strict meaning than it does under criminal law; for school purposes, the term means any level of impairment and includes even the odor of alcohol on the breath or person of a student; also, it includes being impaired by reason of the abuse of any material used as a stimulant);
- 7. Public indecency as defined in section 28-806, except that this prohibition shall apply only to students at least twelve years of age but less than nineteen years of age;
- 8. Engaging in bullying as defined in section 79-2,137 and in these policies;
- 9. Sexually assaulting or attempting to sexually assault any person if a complaint has been filed by a prosecutor in a court of competent jurisdiction alleging that the student has sexually assaulted or attempted to sexually assault any person, including sexual assaults or attempted sexual assaults which occur off school grounds not at a school function, activity, or event. For purposes of this subdivision, sexual assault means sexual assault in the first degree as defined in section 28-319, sexual assault in the second degree as defined in section 28-320, sexual assault of a child in the second or third degree as defined in section 28-320.01, or sexual assault of a child in the first degree as defined in section 28-319.01, as such sections now provide or may hereafter from time to time be amended;
- 10. Engaging in any other activity forbidden by the laws of the State of Nebraska which activity constitutes a danger to other students or interferes with school purposes; or
- 11. A repeated violation of any of the following rules if such violations constitute a substantial interference with school purposes:
 - 1. The use of language, written or oral, or conduct, including gestures, which is profane or abusive to students or staff members. Profane or abusive language or conduct includes, but is not limited to, that which is commonly understood and intended to be derogatory toward a group or individual based upon race, gender, national origin, or religion;
 - 2. Dressing or grooming in a manner which violates the school district's dress code and/or is dangerous to the student's health and safety, a danger to the health and safety of others, or which is disruptive, distracting or indecent to the extent that it interferes with the learning and educational process;
 - 3. Violating school bus rules as set by the school district or district staff;
 - 4. Possessing, using, selling, or dispensing tobacco, drug paraphernalia, an electronic nicotine delivery system, or a tobacco imitation substance or packaging, regardless of form, including cigars, cigarettes, chewing tobacco, and any other form of tobacco, tobacco derivative product or imitation or electronic cigarettes, vapor pens, etc.;
 - 5. Possessing, using, selling, or dispensing any drug paraphernalia or imitation of a controlled substance regardless of whether the actual substance possessed is a controlled substance by Nebraska law;

- 6. Possession of pornography;
- 7. Sexting or the possession of sexting images (a combination of sex and texting the act of sending sexually explicit messages or photos electronically);
- 8. Engaging in hazing, defined as any activity expected of someone joining a group, team, or activity that humiliates, degrades or risks emotional and/or physical harm, regardless of the person's willingness to participate. Hazing activities are generally considered to be: physically abusive, hazardous, and/or sexually violating and include but are not limited to the following: personal servitude; sleep deprivation and restrictions on personal hygiene; yelling, swearing and insulting new members/rookies; being forced to wear embarrassing or humiliating attire in public; consumption of vile substances or smearing of such on one's skin; branding; physical beatings; binge drinking and drinking games; sexual simulation and sexual assault;
- 9. Bullying which shall include cyberbullying, defined as the use of the internet, including but not limited to social networking sites such as Facebook, cell phones or other devices to send, post or text message images and material intended to hurt or embarrass another person. This may include, but is not limited to; continuing to send e-mail to someone who has said they want no further contact with the sender; sending or posting threats, sexual remarks or pejorative labels (i.e., hate speech); ganging up on victims by making them the subject of ridicule in forums, and posting false statements as fact intended to humiliate the victim; disclosure of personal data, such as the victim's real name, address, or school at websites or forums; posing as the identity of the victim for the purpose of publishing material in their name that defames or ridicules them; sending threatening and harassing text, instant messages or emails to the victims; and posting or sending rumors or gossip to instigate others to dislike and gang up on the target;
- 10. Violation of the district's computer acceptable computer use policy are subject to discipline, up to and including expulsion;
- 11. Knowingly possessing, handling, or transmitting any object or material that is ordinarily or generally considered a simulated or "look-a-like" weapon;
- 12. Using any object to simulate possession of a weapon;
- 13. Knowingly making a false statement or knowingly submitting false information during the Title IX grievance process or any other school investigation or making a materially false statement in bad faith in the course of a Title IX grievance proceeding or any other school investigation; and
- 14. Any other violation of a rule or regulation established by a school district staff member pursuant to authority delegated by the board.

Due Process Afforded to Students Facing Long-term Suspension or Expulsion

The following procedures shall be followed regarding any long-term suspension, expulsion or mandatory reassignment

- 1. On the date of the decision to discipline, the Principal shall file with the Superintendent a written charge and a summary of the evidence supporting such charge.
- 2. The Principal shall serve the student and the student's parents or guardian with a written notice by registered or certified mail or personal service within two school days of the date of the decision to recommend long-term suspension or expulsion. The notice shall include the following:
 - 1. The rule or standard of conduct allegedly violated and the acts of the student alleged to constitute a cause for long-term suspension, expulsion, or mandatory reassignment, including a summary of the evidence to be presented against the student;
 - 2. The penalty, if any, which the principal has recommended in the charge and any other penalty to which the student may be subject;

- 3. A statement that, before long-term suspension, expulsion, or mandatory reassignment for disciplinary purposes can be invoked, the student has a right to a hearing, upon request, on the specified charges;
- 4. A description of the hearing procedures provided by the act, along with procedures for appealing any decision rendered at the hearing;
- 5. A statement that the principal, legal counsel for the school, the student, the student's parent, or the student's representative or guardian has the right (i) to examine the student's academic and disciplinary records and any affidavits to be used at the hearing concerning the alleged misconduct and (ii) to know the identity of the witnesses to appear at the hearing and the substance of their testimony; and
- 6. A form on which the student, the student's parent, or the student's guardian may request a hearing, to be signed by such parties and delivered to the principal or superintendent in person or by registered or certified mail.
- 3. When a notice of intent to discipline a student by long-term suspension, expulsion, or mandatory reassignment is filed with the superintendent, the student may be suspended by the principal until the date the long-term suspension, expulsion, or mandatory reassignment takes effect if no hearing is requested or, if a hearing is requested, the date the hearing examiner makes the report of his or her findings and a recommendation of the action to be taken to the superintendent, if the principal determines that the student must be suspended immediately to prevent or substantially reduce the risk of (a) interference with an educational function or school purpose or (b) a personal injury to the student himself or herself, other students, school employees, or school volunteers.
- 4. Nothing in this policy shall preclude the student, student's parents, guardian or representative from discussing and settling the matter with appropriate school personnel prior to the hearing stage.
- 5. If a hearing is requested within five days after receipt of the notice, the Superintendent shall appoint a hearing officer who shall follow the "hearing procedures" outlined below.
- 6. If a hearing is requested more than five school days following the receipt of the written notice, but not more than thirty calendar days after receipt, the Superintendent shall appoint a hearing officer who shall follow the "hearing procedures" outlined below, except that the time constraints set forth may differ as provided by law and this policy. The student shall be entitled to a hearing but the consequence imposed may continue in effect pending final determination.
- 7. If a request for hearing is not received within thirty calendar days following the mailing or delivery of the written notice, the student shall not be entitled to a hearing.

In the event a hearing is requested, the hearing, hearing procedures, the student's rights and any appeals or judicial review permitted by law shall be governed by the applicable provisions of the Nebraska Student Discipline Act (Neb. Rev. Stat. § 79-254 to 79-294). The school district will provide parents with copies of the relevant statutes upon request.

Reporting Requirement to Law Enforcement

Violations of this section will result in a report to law enforcement if:

- 1. The violation includes possession of a firearm;
- 2. The violation results in child abuse;
- 3. It is a violation of the Nebraska Criminal Code that the administration believes cannot be adequately addressed solely by discipline from the school district;
- 4. It is a violation of the Nebraska Criminal Code that endangers the health and welfare of staff or students:
- 5. It is a violation of the Nebraska Criminal Code that interferes with school purposes;
- 6. The report is required or requested by law enforcement or the county attorney.

ACTIVITY SUSPENSION FOR VIOLATING THE CODE OF CONDUCT

An activity suspension shall be enforced for any student grade 7-12 who is suspended either in-school, out-of-school, or any combination thereof, for two or more days for violating the code of conduct when such activity occurs on school grounds, in a vehicle owned, leased, or contracted by a school being used for a school purpose or in a vehicle being driven for a school purpose by a school employee or by his or her designee, or at a school-sponsored activity or athletic event.

An activity suspension shall be enforced for any student grade 7-12 for violating the code of conduct when such activity occurs off school grounds and the student has been issued a citation from law enforcement and when such activity occurs between the first day of school and the last day of school for which the suspension is enforced OR if the student is participating in a sport/activity which is considered "in-season" as defined by the NSAA.

First Offense = Suspension from all privileges or participation in extracurricular activities for two calendar weeks or the next 2 activities, beginning on the date from which the violation has been substantiated, or the duration of any suspension or expulsion under the Code of Conduct, whichever is longer. The student must continue to attend and participate in all practices during the suspension and after the SCHOOL suspension has ended.

For violation of the code of conduct off school grounds that has resulted in a legal citation issued by law enforcement, the activity suspension may be reduced to 1 game/contest if the student self-reports their violation to either the administration or head coach/sponsor of their activity; and the self-report occurs within 72 hours of the citation or prior to the next contest, whichever occurs first. The student must continue to attend and participate in all practices during the activity suspension.

Second Offense = Suspension from all privileges or participation in extracurricular activities for two calendar weeks or the next 2 activities, beginning on the date from which the violation has been substantiated, or the duration of any suspension or expulsion under the Code of Conduct, whichever is longer. The student must continue to attend and participate in all practices and after the SCHOOL suspension has ended. A second offense includes both a second violation of the same provision of the Code of Conduct and violations of two separate (different) provisions of the Code of Conduct.

For violation of the code of conduct off school grounds that has resulted in a legal citation issued by law enforcement shall result in suspension from all privileges or participation in extracurricular activities for two calendar weeks or the next 2 activities, beginning on the date from which the violation has been substantiated, or the duration of any suspension or expulsion under the Code of Conduct, whichever is longer. The student must continue to attend and participate in all practices and after the SCHOOL suspension has ended.

Third Accumulated Offense = Students violating the code of conduct when such activity occurs on school grounds, in a vehicle owned, leased, or contracted by a school being used for a school purpose or in a vehicle being driven for a school purpose by a school employee or by his or her designee, or at a school-sponsored activity or athletic event or violation of the code of conduct when such activity occurs off school grounds and the student has been issued a citation from law enforcement shall result in expulsion of all privileges or participation in all extra-curricular activities for the remainder of the school year.

* For any violation that occurs off school grounds which resulted in a citation, the administration shall use the statute of limitations of thirty (30) days for administering activity suspensions. Therefore, the administration shall not suspend any student issued a citation thirty-one (31) days prior to their knowledge of the citation. The statute of limitations does not apply to any violation of the code of conduct when such activity occurs on school grounds, in a vehicle owned, leased, or contracted by a school being used for a school purpose or in a vehicle being driven for a school purpose by a school employee or by his or her designee, or at a school-sponsored activity or athletic event. Furthermore, the administration reserves the right to suspend students from activities at any time, for any length of time, irregardless of date of offense, if the violation presents a safety concern for any such person at school.

** The Head Coach or Sponsor of each activity/sport reserves the right to discipline students for any conduct the coach or sponsor deems to be inappropriate as outlined in the activity handbook under "Coaches' and Sponsors' Discipline".

PROCEDURE REQUIREMENTS

Activity suspension may be imposed only after the principal or designee has made an investigation of the alleged prohibited conduct. The principal or designee will hold a conference with the student involved to review the participation rules for all activities and the provision of the Code of Conduct which the student is suspected of having violated. The student shall be given oral or written notice of the alleged prohibited conduct and an explanation of the evidence the principal or designee has to support the allegations and the student shall be given the opportunity to present his or her version. The principal or designee shall send a written statement to the student and to the student's parents or guardian describing the prohibited conduct, the reasons for the suspension, and the terms of the suspension.

SCHOOL SUSPENSION- (Assigned by an Administrator)

Students suspended from school are not permitted to participate in practices or events throughout the duration of the suspension. This applies to in-school and out-of-school suspensions.

TRANSPORTATION TO ACTIVITIES

Students who participate in activities shall ride to and from the activity on school-sponsored transportation. Written requests, submitted to the coach and or sponsor of the activity, may be made by parents asking that their student be allowed to go or return from the activity with the parents or with other parents. Such a request may be honored. At no time will students be allowed to ride home with other students or younger adults. While at the activity, students are to remain with the group at the site of the activity or other assigned site or staging area unless excused by the school sponsor. This policy has been created for the safety of students and for the convenience of the parents. instructors, and sponsors. *First violation will result in a 1-week activity suspension.

COACHES' AND SPONSORS' DISCIPLINE

Notwithstanding the foregoing, any head coach or sponsor has the right to discipline students in any reasonable manner including suspension from practice for up to two days and for suspension from participation in one activity for any conduct the coach or sponsor deems to be inappropriate. In the event such an incident is not reported and acted upon, it shall not constitute a first suspension under the activity code.

GENERAL STATEMENT

Activities sponsored and supervised by the Fort Calhoun High School are subject to all guidelines set forth by the Parent/Student Handbook.

FEES INFORMATION

ASSESSMENT OF FEES FOR STUDENTS ATTENDING THE FORT CALHOUN COMMUNITY SCHOOLS - 5045

The school district shall provide free instruction in accordance with the Nebraska State Constitution and the Nebraska statutes. The district also provides activities, programs, and services that extend beyond the minimum level of constitutionally required free instruction. Under the Public Elementary and Secondary Student Fee Authorization Act, the district is permitted to charge students fees for these activities or to require students to provide specialized equipment and attire for certain purposes. This policy is subject to further interpretation or guidance by administrative or board regulations. Students are encouraged to contact their building administration, their teachers or their coaches, and sponsors for further specifics.

A. Definitions

1. "Students" means students, their parents, guardians or other legal representatives.

- 2. "Extracurricular activities" means student activities or organizations that (1) are supervised or administered by the district; (2) do not count toward graduation or advancement between grades; and (3) are not otherwise required by the district.
- 3. "Post-secondary education costs" means tuition and other fees associated with obtaining credit from a post-secondary educational institution.

B. Listing of Fees Charged by this District

1. Guidelines for Clothing Required for Specified Courses and Activities

Students are responsible for complying with the district's grooming and attire guidelines and for furnishing all clothing required for any special programs, courses or activities in which they participate. The teacher, coach, or sponsor of the activity will provide students with written guidelines that detail any special clothing requirements and explain why the special clothing is required for the specific program, course or activity.

2. Safety Equipment and Attire.

The district will provide students with all safety equipment and attire that is required by law. Building administrators will assure that (a) such equipment is available in the appropriate classes and areas of the school buildings, (b) teachers are directed to instruct students in the use of such devices, and (c) students use the devices as required. Students are responsible for using the devices safely and as instructed.

3. Personal or Consumable Items.

The district does not provide students with personal or consumable items for participation in courses and activities including, but not limited to, pencils, paper, pens, erasers and notebooks. Students who wish to supply their own personal or consumable items may do so, as long as those items comply with the requirements of the district. The district will provide students with facilities, equipment, materials and supplies, including books. Students are responsible for the careful and appropriate use of such property. Students will be charged for damage to school property caused by the student and will be held responsible for the reasonable replacement cost of any school property that they lose.

4. Materials Required for Course Projects.

The district will provide students with the materials necessary to complete all curricular projects. In courses where students produce a project that requires more than minimal cost for materials, the finished product will remain the property of the district unless the students either furnish or pay for the reasonable cost of materials required for the course project.

5. Extracurricular Activities.

The district may charge students a fee to participate in extracurricular activities to cover the district's reasonable costs in offering such activities. The district may require students to furnish specialized equipment and clothing that is required for participation in extracurricular activities, or may charge a reasonable fee for the use of district-owned equipment or attire. Attached to this policy is a list of the fees charged for particular activities. The coach or sponsor will provide students with additional written guidelines detailing the fees charged, the equipment and/or clothing required, or the usage fee charged. The guidelines will explain the reasons that fees, equipment and/or clothing are required for the activity.

The following list details the maximum dollar amount of all extracurricular activities fees and the specifications for any equipment or attire required for participation in extracurricular activities:

Student activity card	\$50.00 Covers admission to all home extracurricular events; Excluding Conference, District or State contests held in Fort Calhoun
Future Business Leaders of America	\$25.00
National Honor Society	\$15.00

Cheerleading	Students must purchase uniforms and shoes, selected by the sponsor and/or student group. The maximum dollar amount charged by the school district for these items will be \$1,400.00
Dance	Students must purchase uniforms and shoes, selected by the sponsor and/or student group. The maximum dollar amount charged by the school district for these items will be \$1,400.00
Football	Students must provide their own football, shoes & undergarments. The maximum dollar amount charged by the school district for these items will be \$400.00
Golf	Students must provide their own golf shoes, undergarments, and clubs. The maximum dollar amount charged by the school district for these items will be \$600.00
Softball and Baseball	Students must provide their own shoes, gloves, and undergarments. The maximum dollar amount charged by the school district for these items will be \$200.00
Track, Volleyball, Wrestling, Cross Country, Basketball	Students must provide their own shoes and undergarments. The maximum dollar amount charged by the school district for these items will be \$150.00
SkillsUSA	Student must purchase their own jackets. The maximum dollar amount charged by the school district for these items will be \$25.00
Drama	\$25.00
Speech	\$50.00
Quiz Bowl	\$50.00
Spanish Club	\$30.00
POPP (Pioneers Overcoming Peer Pressure)	\$10.00

6. Post-Secondary Education Costs.

Some students enroll in postsecondary courses while still enrolled in the district's high school. Students will be assessed a book fee not to exceed \$25.00 per course.

7. Transportation Costs.

The district will charge students reasonable fees for transportation services provided by the district to the extent permitted by federal and state statutes and regulations. Bus service is available to option students on a first-come, first-serve basis. The charge for this service is \$350.00 per family per year.

8. Copies of Student Files or Records.

The district may charge a fee for making copies of a student's files or records for the parents or guardians of such student. The Superintendent or the Superintendent's designee shall establish a schedule of student record fees. Parents of students have the right to inspect and review the students' files or records without the payment of a fee, and the district shall not charge a fee to search for or retrieve any student's files or records. The district does not charge for reproduction of student records.

9. Pre-Kindergarten Services.

The district will charge reasonable fees for participation in before-and-after school or pre-kindergarten services offered by the district pursuant to statute.

The maximum dollar amount charged by the district for these services shall be \$140.00 monthly.

10. Participation in Summer School or Night School.

The district will charge reasonable fees for participation in summer school or night school and may charge reasonable fees for correspondence courses. The maximum dollar amount charged by the district for summer and night school shall be \$50.00 per class.

11. Charges for Food Consumed by Students.

The district will charge for items that students purchase from the district's breakfast and lunch programs. The fees charged for these items will be set according to applicable federal and state statutes and regulations. The district will charge students for the cost of food, beverages, and the like that students purchase from the a la carte meals lines, a school store, vending machine, booster club or from similar sources. Students may be required to bring money or food for field trip lunches and similar activities.

The maximum dollar amount charged by the district for the breakfast and lunch programs is as follows:

ELEMENTARY K-6		SECONDARY 7-12	
Student Breakfast	\$1.75	Student Breakfast	\$2.25
Student Lunch	\$2.75	Student Lunch	\$3.10
Second Lunch	\$2.75	Second Lunch	\$3.10
Milk	\$0.50	Milk	\$0.50
Reduced Breakfast	\$0.30 *	Reduced Breakfast	\$0.30*
Reduced Lunch	\$0.40*	Reduced Lunch	\$0.40*
*Required by Federal Legislation		*Required by Federal Legislation	

12. Charges for Musical Extracurricular Activities.

Students who qualify for fee waivers under this policy will be provided, at no charge, the use of a musical instrument in optional music courses that are not extracurricular activities. For musical extracurricular activities, the school district will require students to provide the following equipment and/or attire:

Band	Students must provide their own instruments and marching band shoes, which must be white, rubber-soled sneakers. The maximum dollar amount charged by the district for these materials will be \$150.00
Vocal Music/Swing Choir	Students must purchase outfits and shoes selected by the sponsor and/or student group. The maximum dollar amount charged by the district for these materials will be \$300.00

13. Contributions for Junior and Senior Class Extracurricular Activities.

Students are eligible to participate in a number of unique extracurricular activities during their last two years in high school, including prom, various senior recognitions, and graduation. In order to fund these extracurricular activities, the school district will ask each student to make a contribution to their class's fund. This contribution is completely voluntary. Students who chose not to contribute to the class fund are still eligible to participate in the extra activities. The suggested donation to the class fund will be \$70.00.

C. Waiver Policy

Students who qualify for free or reduced-price lunches under United States Department of Agriculture child nutrition programs shall be provided a fee waiver or be provided the necessary materials or equipment without charge for (1) participation in extracurricular activities; (2)materials for course projects, and (3) the use of a musical instrument in optional music courses that are not extracurricular activities. Actual participation in the free or reduced-price lunch program is not required to qualify for the waivers provided in this section. The district is not obligated to provide any particular type or quality of equipment or other material to eligible students. Students who wish to be considered for waiver of a

particular fee must submit a completed fee waiver application to their building principal and a written request for each fee they wish waived.

D. Distribution of Policy

This policy will be published in the Student Handbook or its equivalent that will be provided to students at no cost.

E. Voluntary Contributions to Defray Costs

The district will, when appropriate, request donations of money, materials, equipment or attire from parents, guardians and other members of the community to defray the costs of providing certain services and activities to students. These requests are not requirements and staff members of the district are directed to clearly communicate that fact to students, parents and patrons.

F. Fund-Raising Activities

Students may be permitted or required to engage in fund-raising activities to support various curricular and extracurricular activities in which they participate. Students who decline to participate in fund-raising activities are not eligible under this policy for waiver of the costs or fees which the fund-raising activity was meant to defra.

G. Student Fee Fund

The school board hereby establishes a Student Fee Fund. The Student Fee Fund shall be a separate school district fund that will not be funded by tax revenue, and that will serve a depository for all monies collected from students for (1) participation in extracurricular activities, (2) post-secondary education costs, and (3) summer school or night school courses. Monies in the Student Fee Fund shall be expended only for the purposes for which they were collected from students.

NOTICE OF NON-DISCRIMINATION – (Also refer to Board Policy 3057)

Fort Calhoun Community Schools does not discriminate on the basis of prohibited factors in employment and educational programs/activities. The School District affirmatively strives to provide equal opportunity for all. Additional School Board policies prohibit harassment and/or discrimination against students, employees, or patrons on the basis of sex, race, color, ethnic or national origin, religion, marital status, disability, age, pregnancy, and any other legally prohibited basis. Retaliation for engaging in a protected activity is also prohibited. Any person who believes she or he has been discriminated against, denied a benefit, or excluded from participation in any district education program or activity may file a complaint using the district's complaint procedures. Inquiries regarding compliance with any of the laws referred to in this policy may be directed to: Jerry Green, who may be contacted in writing at 5876 County Road P43, PO Box 430, Fort Calhoun, NE 68023, at ijgreen@ftcpioneers.org by email or by telephone at (402) 468-5591 or to the district's Title IX and/or Section 504/ADA Coordinator.

"You must learn to make the choices and accept the consequences.

(Good or Bad) of your choices."

Title IX -3057

Nondiscrimination. The school district does not discriminate on the basis of sex and prohibits sex discrimination in any education program or activity that it operates including in admission and employment. Inquiries about Title IX may be referred to the school district's Title IX Coordinator, the U.S. Department of Education's Office for Civil Rights, or both. The school district's Title IX Coordinator may be contacted at Title IX Coordinator, 5876 County Road P43, Fort Calhoun, NE 68023, nwemhoff@ftcpioneers.org, (402)-468-5591. The school district's nondiscrimination policy and grievance procedures are included in this policy, or can be accessed at: fortcalhounschools.org. To report information about conduct that may constitute sex discrimination or make a complaint of sex discrimination under Title IX, please contact the Title IX Coordinator.

Publication Notice. The school district will include the following notice on its website and in each handbook, catalog, announcement, bulletin, application form, and other places as required by law:

The school district prohibits sex discrimination in any education program or activity that it operates and individuals may report concerns or questions to the Title IX Coordinator. The school district's Title IX policy, notice, and other information may be accessed at the following link: fortcalhounschools.org, "About", "Board of Education", "Policies", and scroll down to Policy 3057.

Retaliation Prohibited. Retaliation, including peer retaliation, is prohibited in the school district's education program or activity. If the school district has information about conduct that reasonably may constitute retaliation under Title IX, it may be required to treat it as an allegation of sex discrimination. Upon receiving a complaint alleging retaliation, the school district will initiate its grievance procedures or informal resolution process.

Definitions. As used in this policy, the following terms are defined as follows:

Complainant means an employee, a student, or a parent, guardian, or other individual with the legal right to act on behalf of a complainant who is alleged to have been subjected to conduct that could constitute sex discrimination, including sexbased harassment; or any other person who may have been subjected to sex discrimination when that person was participating or attempting to participate in the school district's education program or activity.

Complaint means an oral or written request to the school district that objectively can be understood as a request for the school district to investigate and make a determination about alleged sex discrimination under Title IX.

Consent for purposes of this policy means the willingness in fact for conduct to occur. An individual may, as a result of age, incapacity, disability, lack of information, or other circumstances be incapable of providing consent to some or all sexual conduct or activity. Neither verbal nor physical resistance is required to establish that an individual did not consent. School district officials will consider the totality of the circumstances in determining whether there was consent for any specific conduct. Consent may be revoked or withdrawn at any time.

Respondent means a person who is alleged to have violated the school district's prohibition on sex discrimination. When a sex discrimination complaint alleges that the school district's policy or practice discriminates on the basis of sex, the school district is not considered a respondent.

Sex-based harassment prohibited by this part is a form of sex discrimination and means sexual harassment and other harassment on the basis of sex that is:

Quid pro quo harassment. An employee, agent, or other person authorized by the school district to provide an aid, benefit, or service under the school district's education program or activity explicitly or impliedly conditioning the provision of such an aid, benefit, or service on a person's participation in unwelcome sexual conduct;

Hostile environment harassment. Unwelcome sex-based conduct that, based on the totality of the circumstances, is subjectively and objectively offensive and is so severe or pervasive that it limits or denies a person's ability to participate in or benefit from the school district's education program or activity (i.e., creates a hostile environment). Whether a hostile environment has been created is a factspecific inquiry that includes consideration of the following:

• The degree to which the conduct affected the complainant's ability to access the school district's education program or activity; • The type,

- frequency, and duration of the conduct;
- The parties' ages, roles within the school district's education program or activity, previous interactions, and other factors about each party that may be relevant to evaluating the effects of the conduct;
- The location of the conduct and the context in which the conduct occurred; and
- Other sex-based harassment in the school district's education program or activity.

Sexual assault meaning an offense classified as a forcible or nonforcible sex offense under the uniform crime reporting system of the Federal Bureau of Investigation;

Sex Offenses, Forcible—Any sexual act directed against another person, without the consent of the victim including instances where the victim is incapable of giving consent.

- Rape—(Except Statutory Rape) The carnal knowledge of a person, without the consent of the victim, including instances where the victim is incapable of giving consent because of his/her age or because of his/her temporary or permanent mental or physical incapacity.
- **Sodomy**—Oral or anal sexual intercourse with another person, without the consent of the victim, including instances where the victim is incapable of giving consent because of his/her age or because of his/her temporary or permanent mental or physical incapacity
- Sexual Assault With An Object—To use an object or instrument to unlawfully penetrate, however slightly, the genital or anal opening of the body of another person, without the consent of the victim, including instances where the victim is incapable of giving consent because of his/her age or because of his/her temporary or permanent mental or physical incapacity
- **Fondling**—The touching of the private body parts of another person for the purpose of sexual gratification, without the consent of the victim, including instances where the victim is incapable of giving consent because of his/her age or because of his/her temporary or permanent mental or physical incapacity.

Sex Offenses, Non-forcible—(Except Prostitution Offenses) Unlawful, nonforcible sexual intercourse.

- Incest—Non-Forcible sexual intercourse between persons who are related to each other within the degrees wherein marriage is prohibited by law
- **Statutory Rape**—Non-Forcible sexual intercourse with a person who is under the statutory age of consent

Dating violence meaning violence committed by a person who is or has been in a social relationship of a romantic or intimate nature with the victim and where the existence of such a relationship shall be determined based on a consideration of the length and type of relationship and the frequency of interaction between the persons involved in the relationship;

Domestic violence meaning felony or misdemeanor crimes committed by a person who:

- Is a current or former spouse or intimate partner of the victim under the family or domestic violence laws of the jurisdiction of the school district, or a person similarly situated to a spouse of the victim;
- Is cohabitating, or has cohabitated, with the victim as a spouse or intimate partner;

- Shares a child in common with the victim; or
- Commits acts against a youth or adult victim who is protected from those acts under the family or domestic violence laws of the jurisdiction

Stalking meaning engaging in a course of conduct directed at a specific person that would cause a reasonable person to fear for the person's safety or the safety of others or suffer substantial emotional distress.

Response to Sex-based Harassment.

All Employees. All school district employees must notify the Title IX Coordinator when the employee has information about conduct that reasonably may constitute sex discrimination, including sex-based harassment under Title IX.

Title IX Coordinator. The school district will designate and authorize at least one employee as the school district's "Title IX Coordinator," to coordinate the school district's efforts to comply with its responsibilities under Title IX and this policy. The superintendent or Title IX Coordinator is authorized to delegate specific duties to one or more designees.

For conduct that could constitute sex-based harassment, the Title IX Coordinator must take the following actions:

- Offer and coordinate supportive measures for the complainant and for the respondent;
- Notify the complainant or the individual who reported the conduct of the grievance procedures and, if appropriate, the informal resolution process.
- Take other appropriate steps to avoid the recurrence of sex discrimination and restore or maintain equal access to the school district's programs and activities.

Supportive Measures. The school district will provide supportive measures, as appropriate, in cases involving sex-based harassment. These measures may include but are not limited to: counseling; extending deadlines; increased supervision; nocontact directives; leaves of absence; changes in class, work, or activities, regardless of whether there is a comparable alternative; and training and education programs related to sex-based harassment. Supportive measures may be continued, modified, or discontinued at the conclusion of any grievance process. Supportive measures will not be disclosed to anyone other than the person to whom they apply and others, including school officials, who need to know the supportive measures to implement them.

Requests to Modify Supportive Measures. A complainant or respondent may request modification or reversal of the school district's decision to provide, deny, change, or terminate supportive measures applicable to them. Requests must be made to the Title IX Coordinator in writing, and an impartial individual will review the request.

Students with Disabilities. If the complainant or respondent is a student with a disability, the Title IX Coordinator will consult with one or more members of the student's IEP or Section 504 team to determine compliance with those laws while implementing supportive measures and all other requirements of this policy and Title IX.

Emergency Removal. The school district is authorized to remove a respondent from the school district's education program or activity on an emergency basis, provided that the school district undertakes an individualized safety and risk analysis; determines that an imminent and serious threat to the health or safety of a complainant or other persons arising from the allegations of sex discrimination justifies

removal; and provides the respondent with notice and an opportunity to challenge the decision immediately following the removal.

Administrative Leave. The school district is authorized to place an employee respondent on administrative leave from employment responsibilities during the pendency of the school district's grievance procedures.

Informal Resolution. The school district may offer an informal resolution process unless the complaint includes allegations that an employee engaged in sex-based harassment of a student or informal resolution would be contrary to law. Prior to initiating informal resolution, the parties will be provided with notice of the allegations. Participation in informal resolution is voluntary, and any informal resolution will include consent from the complainant and respondent, the ability to withdraw from the process, and the right to resume the grievance process.

If an agreement is reached, it precludes the parties from initiating or resuming the grievance process. The informal resolution facilitator will not be the same person as the investigator or the decisionmaker in the school district's grievance procedures. Potential terms that may be included in an informal resolution agreement include but are not limited to restrictions on contact, restrictions on participation in programs or activities, and disciplinary sanctions.

If informal resolution is offered, the school district will maintain all evidence gathered, communications about the informal resolution process, and the agreement reached. This information will be disclosed to outside individuals only as permitted by law and if required to implement the requirements of the agreement or Title IX. If no agreement is reached, only relevant and permissible evidence received during the informal resolution process will be considered during the grievance process.

Grievance Procedures to Resolve Complaints of Sex Discrimination. Any person designated as Title IX Coordinator, investigator, or decision maker will not have a conflict of interest or bias for or against any party, generally or specifically. The decisionmaker may be the same person as the Title IX Coordinator or investigator.

Complaint. Complaints of sex-based harassment may only be made by a complainant; a parent, guardian, or other individual with the legal right to act on behalf of a complainant; or the Title IX Coordinator. Complaints of sex discrimination (excluding complaints of sex-based harassment) may be made by any person who was participating or attempting to participate in the school district's education program or activity at the time of the alleged sex discrimination.

Complaint by Coordinator. In the absence of a complaint made by any other individual, the Title IX Coordinator will determine whether to initiate a complaint of sex discrimination. The Title IX Coordinator must consider, at a minimum, the following factors:

- The complainant's request not to proceed with the initiation of a complaint;
- The complainant's reasonable safety concerns regarding the initiation of a complaint;
- The risk that additional acts of sex discrimination would occur if a complaint is not initiated;
- The severity of the alleged sex discrimination, including whether the discrimination, if established, would require the removal of a respondent from campus or imposition of another disciplinary sanction to end the discrimination and prevent its recurrence;
- The age and relationship of the parties, including whether the respondent is an employee of the school district;
- The scope of the alleged sex discrimination, including information suggesting a pattern, ongoing sex discrimination, or sex discrimination alleged to have impacted multiple

individuals;

- The availability of evidence to assist a decisionmaker in determining whether sex discrimination occurred; and
- Whether the school district could end the alleged sex discrimination and prevent its recurrence without initiating its grievance procedures. If the Title IX Coordinator initiates a complaint, they will notify the complainant prior to doing so and address reasonable concerns about the complainant's safety or the safety of others, including by providing supportive measures.

Consolidation of Complaints. The school district may consolidate complaints of sex discrimination against more than one respondent, or by more than one complainant against one or more respondents, or by one party against another party, when the allegations of sex discrimination arise out of the same facts or circumstances. When more than one complainant or more than one respondent is involved, references in this section to a party, complainant, or respondent include the plural, as applicable.

Basic Procedures. This grievance procedure is governed by the following basic requirements:

- A respondent is presumed not responsible for the alleged sex discrimination until a determination is made at the conclusion of the grievance procedure;
- The school district will treat the complainant and respondent equitably throughout the grievance process;
- The school district will take reasonable steps to protect the privacy of individuals participating in the grievance process in a manner that does not restrict the parties from obtaining and presenting evidence, speaking to witnesses, consulting with family members or advisors, or otherwise participating in the grievance process;
- The District will use the following timelines for each complaint, but the Title IX Coordinator or designee may extend them as needed:

Major Stage	Target Duration (calendar days)
Completion of the school district's decision whether to dismiss or investigate a complaint of sex discrimination	1-15
Investigation	1-30
Determination	1-30
Appeal	1-20

Notice of Allegations. Upon initiation of the grievance procedure, the school district will provide notice of the allegations to the parties whose identities are known. The notice will include a copy of this policy; the parties involved in the incident(s); the conduct alleged to constitute sex discrimination; and the date(s) and location(s) of the alleged incident(s), if available. Retaliation is prohibited.

If the school district decides to investigate additional allegations of sex discrimination that are not included in the initial notice, the school district will provide notice of the additional allegations to the parties.

Complaint Investigation. The burden is on the school district to conduct an investigation that gathers sufficient evidence to determine whether sex discrimination occurred. The individual investigating and deciding the complaint will:

- Provide an equal opportunity for the parties to present fact witnesses and relevant and permissible evidence;
- Objectively review all evidence gathered through the investigation and determine what evidence is relevant and permissible;
- Provide each party with an accurate description of the relevant and permissible evidence, and upon request, copies of this evidence;
- Provide the parties a reasonable opportunity to respond to the evidence;
- Use a process that enables the decisionmaker to question parties and witnesses to adequately assess a party's or witness's credibility, but credibility will not be based upon any individual's status as a complainant, respondent, or witness; and
- Take reasonable steps to prevent and address the parties' unauthorized disclosure
 of information and evidence obtained solely through the grievance procedures.
 For purposes of this paragraph, disclosures of such information and evidence for
 purposes of administrative proceedings or litigation related to the complaint of
 sex discrimination are authorized.

Relevant and Permissible Evidence. The school district will consider relevant and permissible evidence. Relevant evidence is evidence related to the allegations of sex discrimination under investigation as part of the grievance procedure. Questions are relevant when they seek evidence that may aid in showing whether the alleged sex discrimination occurred, and evidence is relevant when it may aid a decisionmaker in determining whether the alleged sex discrimination occurred.

Generally relevant evidence is permissible, but does not include:

- Evidence that is protected under a privilege as recognized by Federal or State law;
- A party's or witness's records that are made or maintained by a physician, psychologist, or other recognized professional in connection with the provision of treatment to the party or witness unless the school district obtains that party's or witness's voluntary, written consent for use in this grievance procedures; and
- Evidence that relates to the complainant's sexual interests or prior sexual conduct, unless that evidence is offered to prove that someone other than the respondent committed the alleged conduct or is evidence about specific incidents of the complainant's prior sexual conduct with the respondent that is offered to prove consent to the alleged sex-based harassment. The fact of prior consensual sexual conduct between the complainant and respondent does not by itself demonstrate or imply the complainant's consent to the alleged sex-based harassment or preclude a determination that sex-based harassment occurred.

Determining Whether Sex Discrimination Occurred. The school district will:

- Use the preponderance of the evidence standard of proof, that it is more likely than not, to determine whether sex discrimination occurred;
- Use only relevant and permissible evidence to reach a determination;
- Notify the parties in writing of the determination whether sex discrimination occurred, including the rationale for such determination, and the procedures and permissible bases for the complainant and respondent to appeal, if applicable;
- If there is a determination that sex discrimination occurred, coordinate and provide remedies to restore equal access, coordinate the imposition of any disciplinary sanctions on a respondent, including notification to the complainant

- of any such disciplinary sanctions, and require the Title IX Coordinator to take other appropriate prompt and effective steps to ensure that sex discrimination does not continue or recur;
- Not discipline a party, witness, or others participating in a school district's grievance procedures for making a false statement or for engaging in consensual sexual conduct based solely on the school district's determination whether sex discrimination occurred.

Dismissal of a Complaint. A complaint of sex discrimination made through the grievance procedure may be dismissed for any of the following reasons:

- The school district is unable to identify the respondent after taking reasonable steps to do so;
- The respondent is not participating in the school district's education program or activity and is not employed by the school district;
- The complainant voluntarily withdraws any or all of the allegations in the complaint, the Title IX Coordinator declines to initiate a complaint, and the school district determines that without the complainant's withdrawn allegations, the remaining alleged conduct would not constitute sex discrimination even if proven;
- The school district determines the conduct alleged in the complaint, even if proven, would not constitute sex discrimination under Title IX. Before dismissing the complaint under this paragraph, the school district must make reasonable efforts to clarify the allegations with the complainant.

Upon dismissal, the school district will promptly notify the complainant of the basis for the dismissal. If the dismissal occurs after the respondent has been notified of the allegations, then the school district must also notify the respondent of the dismissal and the basis for the dismissal promptly following notification to the complainant, or simultaneously if notification is in writing.

The school district will notify the complainant that a dismissal may be appealed and provide the complainant with an opportunity to appeal the dismissal. If the dismissal occurs after the respondent has been notified of the allegations, then the school district must also notify the respondent that the dismissal may be appealed on the bases set out in this policy. Upon the dismissal of a complaint, at a minimum, the school district will:

- Offer supportive measures to the complainant, and offer supportive measures to the respondent if the respondent has been notified of the complaint;
- Require its Title IX Coordinator to take other appropriate prompt and effective steps to ensure that sex discrimination does not continue or recur within the school district's education program or activity.

Appeal. The school district will provide the parties the opportunity to appeal the decisionmaker's written determination or a dismissal of a complaint, on the grounds identified below. The school district will implement appeal procedures equally for the parties, including a reasonable and equal opportunity to make a statement in support of or challenging the outcome being appealed. Appeals under Title IX, like other comparable proceedings, will be handled consistent with the school district's general complaint policy.

Time for Appeal. Appeals may only be initiated by submitting a written Notice of Appeal to the

superintendent within three (3) calendar days of the party's receipt of (1) the written determination of whether sex discrimination occurred from which the appeal is taken, or (2) the written dismissal of the complaint from which the appeal is taken.

Notice of Appeal Filed By Party. The Notice of Appeal must include (a) the name of the party or parties appealing, (b) the determination, dismissal, or portion thereof being appealed, and (c) a concise statement of the specific grounds (from the following subsection) upon which the appeal is based. A party's failure to timely submit a Notice of Appeal will be deemed a waiver of the party's right to appeal under this policy and Title IX.

Appeals of Dismissals. If a dismissal is appealed, the school district will provide notice of the allegations to the complainant and respondent if not provided previously. Appeal Decision. The decisionmaker for the appeal will be an individual who did not take part in the investigation, determination, and/or decision to dismiss the complaint. The appeal decisionmaker will notify the parties of the result of the appeal and the rationale for the result. Disciplinary Sanctions and Remedies. If it is determined that sex-based harassment occurred, the school district may impose disciplinary sanctions that may include suspension, expulsion, mandatory reassignment, adverse employment action up to and including termination, or any other actions regarding student behavior that are reasonably necessary to aid the student, further school purposes, or prevent interference with the educational process. Such actions may include counseling of students, parent conferences, referral to restorative justice practices or services, rearrangement of schedules, requirements that a student remain in school after regular hours to do additional work, restriction of extracurricular activity, or requirements that a student receive counseling, psychological evaluation, or psychiatric evaluation upon the written consent of a parent or guardian to such counseling or evaluation.

Superintendent Authorized to Contract. The board authorizes the Superintendent to contract for, designate, and appoint individuals to serve in the roles of the school district's investigator(s), decision-maker(s), informal resolution facilitator(s), or appellate decision-maker(s) as contemplated by this policy.

Recordkeeping. The school district will maintain the following documents for a period of at least seven years:

- For each complaint of sex discrimination, records documenting the informal resolution process or grievance procedures and the outcome.
- Records documenting the actions the school district took to meet its obligations under Title IX for any allegation of sex discrimination.
- All materials used to provide training as required by this policy. The school district will make these training materials available upon request for inspection by members of the public.

INSTRUCTIONS:	ACCIDENT	SCHOOL:
. A report is submitted on the day of the occurrence.	ACCIDENT	
. In case of serious injury signed statements by		
vitnesses must accompany report.	REPORT	DATE OF REPORT:
. A followup report is required if accident causes	KEPUKI	
bsence from school.		TIME OF REPORT: AM PM

	PERSON INJURED	
NAME:	ADDRESS:	
STUDENT: NON STUDENT:	AGE: SEX:	SCHOOL INSURANCE:
GRADE:	DATE FORM COMPLETED:	OTHER INSURANCE:
NATURE OF INJURY:		
	ACCIDENT	
DATE: TIME: AM PM	LOCATION:	
DESCRIPTION OF ACCIDENT:		
	WITNESS(ES)	
NAME OF PERSON (ON DUTY/WITNESSES)	OFFICIAL POSITION AGE	ADDRESS PHONE
		/
	FIRST AID RENDERED	
NURSE CONTACTED ADDRESS	FIRST AID RENDERED	PHONE TIME
NORSE CONTACTED ADDRESS		FROME TIPLE
DOCTOR CONTACTED ADDRESS		PHONE TIME
TYPE OF AID ADMINISTERED		PERSON ADMINISTERING TIME
	ADDITIONAL MEDICAL AID	
TYPE OF AID ADMINISTERED:		
PERSON ADMINISTERING	ADDRESS	TIME
	PARENT/RELATIVE CONTACTED	
NAME:	RELATIONSHIP TO INJURED:	
ADDRESS:		PHONE: TIME:
SENT HOME: NOT SENT HOME:	TIME: METHOD OF TRANSPORTATION:	
	ADDITIONAL INFORMATION	
SIGNATURE OF NURSE/TEACHER:		
SIGNATURE OF PRINCIPAL:		
	NOTE	

FCHS Parent/Coach Communication

PARENT/COACH RELATIONSHIP:

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your children become involved in our program you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of our child's program.

COMMUNICATION YOU SHOULD EXPECT FROM YOUR CHILD'S COACH:

- 1. Philosophy of the coach.
- 2. Expectations the coach has for your child as well as all the players on the squad.
- 3. Locations and times of all practices and contests.
- 4. Team requirements, i.e., fees, special equipment, off season conditioning.
- 5. Procedures should your child be injured during participation.
- 6. Discipline that results in the denial of your child's participation.

COMMUNICATION COACHES EXPECT FROM PARENTS:

- 1. Follow the chain of command.
- 2. Concerns expressed directly to the coach.
- 3. Notification of any schedule conflicts well in advance.
- 4. Specific concern in regard to a coach's philosophy and/or expectations.

As your children become involved in the program at the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At times, discussion with the coach is encouraged.

APPROPRIATE CONCERNS TO DISCUSS WITH COACHES:

- 1. The treatment of your child, mentally and physically.
- 2. Ways to help your child improve.
- 3. Concerns about your child's behavior.

It is very difficult to accept your child not playing as much as you may hope. Coaches are professionals. They make judgment decisions on what they believe to be best for all students.

CHAIN OF COMMAND

ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES:

- 1. Playing time
- 2. Team strategy
- 3. Play calling
- 4. Other student-athletes

These are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH, THIS IS THE PROCEDURE YOU SHOULD FOLLOW:

- 1. Call to set up an appointment.
- 2. Fort Calhoun High School telephone number is 402-468-5591.
- 3. If the coach cannot be reached, call the Athletic Director, Jamie Schleifer.

He will help in setting up a meeting for you.

4. Please DO NOT attempt to confront a coach before or after a contest or practice.

These can be emotional times for both the parent and coach. Meetings of this nature do not promote a positive resolution.

WHAT CAN A PARENT DO IF THE MEETING WITH THE COACH DID NOT PROVIDE A SATISFACTORY RESOLUTION?

- 1. Call and set up an appointment with Activities Director, Jamie Schleifer to discuss the situation.
- 2. At this meeting, the next appropriate step can be determined.

Since research indicates a student involved in extracurricular activities has a greater chance for success during adulthood, these programs have been established. Many of the character traits required to be successful participants are exactly those that will promote a successful life after high school. We hope the information provided within this document makes both your child's and your experience with the Fort Calhoun High School Athletic program less stressful and more enjoyable.

Chain of Command for Parents Questions

Who should I contact?

On occasion, a parent may have a concern, complaint, suggestion or request related to a school decision or policy. Many parental questions are easily and completely answered by communicating directly with the educator in charge of the class or program. Each situation should first be addressed at whatever level the initial action was taken with appeals moving on to the next level on the chain of command.

PARENT AND COMMUNITY COMMUNICATION PROCESS FLOW CHART

Area of Concern	First Level	Second Level	Third Level	Fourth Level	Fifth Level
Athletics	Coach	Athletic Director	Principal	Superintendent	
Athletics Facilities	Athletic Director	Maintenance	Principal	Superintendent	
Athletic Injuries	Coach	Trainer	Athletic Director	Principal	Superintendent
Business Office	Principal	Business Director	Superintendent		
Curriculum	Teacher	Instructional Leader	Principal	Superintendent	
Instruction	Teacher	Principal	Superintendent		
Facilities	Building Custodian	Head Custodian	Maintenance Supervisor	Principal	Superintendent
Guidance	Counselor	Psychologist	Principal	Superintendent	
Special Education	Case Manager	Teacher	SPED Director	Principal	Superintendent
Student Affairs	Teacher	Assistant Principal	Principal	Superintendent	
Computer/Hardware Problem	Teacher	Tech Aid	Technology Director	Principal	Superintendent
Computer/Software Program	Teacher	Tech Aid	Technology Director	Principal	Superintendent