

The Fort Calhoun Elementary School Guidance Department delivers a comprehensive, developmental counseling program aligned with Nebraska Rule 10 (Section 007.05). The program supports student success in academics, career/college readiness, and personal / social development for all students in grades PK-6.

Rule 10 – Section 007.05 Compliance

A. Written Program Plan

Fort Calhoun Elementary School implements a district-wide written guidance plan outlining program goals, services, delivery methods, and evaluation strategies. The plan is informed by the Nebraska Career Education Model and the ASCA National Model and is reviewed to ensure relevance and effectiveness.

B. Certified Counseling Staff

Guidance and counseling services are provided by certificated and appropriately endorsed school counselor(s) who meet Nebraska Department of Education standards.

- Marie Adams, School Counselor (Grades PK- 6)
Nebraska Certified, 18 Years of Experience

Staffing levels meet the recommended student-to-counselor ratios.

C. Program Components

1. Academic Support

- Grade check with individual students and academic progress monitoring.
- Collaboration with teachers and administration to support academic achievement.
- Classroom lessons on goal setting skills.
- Classroom SEL lessons to support higher academic attainment.

2. Career Development

- Leveled PK-6 classroom lessons on career exposure and civic readiness.
 - These lessons include but are not limited to career clusters, postsecondary options, interest inventories, career explorations and discussions.
- Career Days for 6th grade

3. Social/Emotional Development

- Leveled classroom lessons using the Second Step Program
 - Units included: Growth Mindset and Goal Setting, Emotional Management, Empathy and Kindness, Problem Solving
- Short-term, confidential individual counseling is available for students experiencing personal, emotional, or social difficulties.
- When additional support is needed, referrals are made to an in-house licensed mental health therapist, available at the school during the week.
- Families also have access to free counseling services through Arbor Family Counseling in Omaha, provided via the school district's Student Assistance Program (SAP) contract.
- Crisis response protocols are in place and implemented collaboratively with school administration, school mental health professionals, and community partners.

4. System Support

- The guidance department actively communicates with families through emails, parent meetings, and school events.
 - Counselors collaborate with teachers to identify and support students' academic and emotional needs.
 - Community partnerships support career exposure and wraparound mental health services.
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D. Student Access

All students in grades PK-6 have equal access to counseling and guidance services. The department ensures proactive engagement through scheduled advising sessions, classroom instruction, and open referral policies for both students and families.

E. Program Evaluation

Program effectiveness is evaluated using:

- Student, parent, and staff feedback,
- Enrollment data,
- Utilization of mental health and support services,

Evaluation outcomes drive improvements in programming and service delivery.

Summary

The Guidance Department at Fort Calhoun Elementary School is in full compliance with Nebraska Rule 10. Through structured academic advising, early career exploration, individualized learning plans, and access to in-school and community mental health supports, the program is designed to promote whole-student success from K-12.