

Dear parents/guardians,

Tuesday October 22, 2019

You're receiving this letter because a child of yours has signed up to play junior high boys basketball this season. Practice begins on Monday, October 28, and all practices are held at the high school. Please see the attached schedule for practice and game dates, times, and locations.

Our goals at the junior high level include teaching the fundamentals, improving work ethic, sportsmanship, and helping players prepare for high school basketball. Although players at this level may have different reasons for joining the team we do our best to keep the atmosphere fun, competitive, and educational.

With a large number of students signed up to play this season we will have more than enough for three teams (A, B, and C). Players will be placed on teams based on experience, skill, and knowledge of the game. Players may be moved from one team to another throughout the season based on performance, work ethic, attendance, attitude, and leadership. Regardless of where your child is placed he will receive playing time. Please understand though that some players may play on more than one team. For example, some students who play on the B team will suit for the A team. Although playing time may not be distributed evenly, we will do our best to ensure that everyone has an opportunity to play.

For morning practices we're asking the players to dress and be on the court by 6:25. For afternoon practices please be at school, or arrange for your child to have a ride, by 4:45. We appreciate your consideration of our time, and responsibilities outside of our coaching duties.

We've attached a copy of our player/parent handbook. Please read through it, sign it, and return it to school by Monday October 28th. Both the player and a parent need to sign this. We look forward to your support throughout the season, as well as your attendance, positivity, and energetic cheering at as many competitions as you can attend. Your positive support and game attendance really means a lot to the students.

Please understand the information regarding practices, and games could change on short notice. We will do our best to communicate any changes that may occur. Please refer to our school website regularly. If you have any questions please feel free to contact us.

Thank you

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JH Boys Basketball Practice and Game Schedule

Day	Date	Time	Location	Event
Monday	10/28/2019	3:30pm - 5:00pm	Old Gym	JrH Boys BB Practice
Tuesday	10/29/2019	3:30pm - 5:00pm	Old Gym	JrH Boys BB Practice
Wednesday	10/30/2019	3:30pm - 5:00pm	Old Gym	JrH Boys BB Practice
Thursday	10/31/2019	3:30pm - 5:00pm	Old Gym	JrH Boys BB Practice
Friday	11/1/2019	6:30am - 7:30am	New Gym	JrH Boys BB Practice
Monday	11/4/2019	3:30pm - 5:00pm	Old Gym	JrH Boys BB Practice
Tuesday	11/5/2019	3:30pm - 5:00pm	Old Gym	JrH Boys BB Practice
Wednesday	11/6/2019	3:30pm - 5:00pm	Old Gym	JrH Boys BB Practice
Thursday	11/7/2019	3:30pm - 5:00pm	Old Gym	JrH Boys BB Practice
Friday	11/8/2019	6:30am - 7:30am	New Gym	JrH Boys BB Practice
Monday	11/11/2019	5:00 pm GAME vs. Ashland-Greenwood @ HOME		
Tuesday	11/12/2019	3:30pm - 5:00pm	Old Gym	JrH Boys BB Practice
Wednesday	11/13/2019	3:30pm - 5:00pm	Old Gym	JrH Boys BB Practice
Thursday	11/14/2019	3:30pm - 5:00pm	Old Gym	JrH Boys BB Practice
Friday	11/15/2019	6:30am - 7:30am	New Gym	JrH Boys BB Practice
Saturday	11/16/2019	9:00 A-Team Tournament @ Arlington		
Monday	11/18/2019	3:30pm - 4:30pm	Old Gym	JrH Boys BB Practice
Tuesday	11/19/2019	6:30pm GAME vs. Tekamah-Herman @ HOME		
Wednesday	11/20/2019	3:30pm - 5:00pm	Old Gym	JrH Boys BB Practice
Thursday	11/21/2019	4:30pm GAME vs. Archbishop Bergan @ A.B. High School		
Friday	11/22/2019	6:30am - 7:30am	New Gym	JrH Boys BB Practice
Monday	11/25/2019	4:00 GAME vs. Douglas County West @ D.C. West High School		
Tuesday	11/26/2019	6:30pm GAME vs. Mead @ Mead Jr/Sr High School		
Monday	12/2/2019			
Tuesday	12/3/2019	6:00pm GAME vs. North Bend Central @ HOME		
Wednesday	12/4/2019	3:30pm - 5:00pm	Old Gym	JrH Boys BB Practice
Thursday	12/5/2019	5:00pm GAME vs. Arlington @ Arlington High School		
Friday	12/6/2019	6:30am - 7:30am	New Gym	JrH Boys BB Practice
Monday	12/9/2019	6:00pm GAME vs. Conestoga @ HOME		
Tuesday	12/10/2019	5:00pm GAME vs. Louisville @ HOME this game was rescheduled from Monday December 2nd		
Wednesday	12/11/2019	6:30am - 7:00am	Old Gym	JrH Boys BB Practice
Thursday	12/12/2019	3:30pm - 4:45pm	New Gym	JrH Boys BB Practice

Friday	12/13/2019	6:30am - 7:30am	New Gym	JrH Boys BB Practice
Monday	12/16/2019	6:00pm GAME vs. Brownell-Talbot @ HOME		

**JH Boys Basketball
Game and Bus Schedule**

Monday, November 11 Ashland-Greenwood 5:00pm----- Home

**Saturday, November 16 @Arlington TBA----- A team (Tournament)
Bus leaves in AM**

Tuesday, November 19 Tekamah Herman 6:00pm ----- Home

Thursday, November 21 @ Fremont Bergan 4:30pm----Bus 3:00pm

Monday, November 25 4:00pm @ DC West -----Bus 2:30pm

Tuesday, November 26 @ Mead 6:30pm ---Bus 5:00pm

Monday, December 2 Louisville 5:00pm----- Home

Update: Tuesday December 10 Louisville 6:00pm----- Home

Tuesday, December 3 North Bend 6:00pm----- Home

Thursday, December 5 @ Arlington 5:00pm----- Bus 3:45

Monday December 9 Conestoga 6:00pm----Home

Monday, December 16 Brownell Talbot 6:00pm-----Home

Fort Calhoun Jr. High Basketball Handbook

Communication

Communication is key to success. There are many parts for effective communication to take place. Not only is it important for coaches to communicate to athletes and parent/guardian, but it is also important that athletes and parent/guardian communicate with coaches!!

The coaching staff will work to communicate with athletes and parents/guardians in a timely manner. We will send out information to athletes and parent/guardian and post information to the website as soon as it is available.

The coaching staff is available to discuss matters or concerns with athletes in person. We expect the athletes to come to the coaches personally with any issues or concerns they have about team-related issues. Athletes should only rely on their parents/guardians to speak to the coaching staff when absolutely necessary.

We would like athletes to ride the bus to and from away games. However if parents/guardians would like to take their child home with them, the following needs to take place.

Parents/guardians need to present a hand written note stating the name of the athlete that will be going home with them after a game with their signature OR sign the sign out sheet provided by the coaches.

If this does not happen and the athlete leaves without giving the coaches a note or having their parent/guardian sign the sign out sheet, the athlete will have to sit out a quarter in the next game.

Absence Policies

Practice and Games

There are very few excuses that warrant being absent from a team event. An athlete should consider each absence they have (whether excused or unexcused) a missed opportunity on learning new information, contributing to their team, as well as negatively affecting their team's overall success. We will give athletes who consistently attend practice priority over athletes who do not consistently attend practice. In the event of an absence or tardiness to practice or a game, athletes must contact their coach as soon as they know the absence or tardiness will

occur. Failure to contact their coach prior to the absence or tardiness is a violation of the communication policy and is subject to athlete discipline.

Excused Absences

An absence is excused if the athlete notifies the coach in advance and the coach approves the absence

Excused absences might include but are not limited to—family emergencies, medical emergencies, special academic opportunities, and once in a lifetime opportunities

Illness or injury is not an excused absence unless a signed note from a doctor is provided to the coach. Injured athletes are expected to attend practice.

All excused absences are left to the discretion of the coaches.

Unexcused Absences

An absence is unexcused if the athlete does not notify the coach before the absence occurs, or does not provide the proper written documentation indicating the reason for the absence signed by the parent/guardian of the athlete

If an unexcused absence occurs for a practice prior to a game, the athlete will not be allowed to play in that game. If missing practices become habitual, then the coach and athlete will meet to evaluate the athlete's commitment to the program. During this meeting, they will discuss possible solutions. Communication will also take place with parent/guardian if needed after meeting with the athlete.

All unexcused absences are left to the discretion of the coaches.

Policy for Missing Practices and Games

Athletes who miss the practice prior to a game with an unexcused or excused absence must sit out at least one quarter of that game.

Athletes must practice for at least 8 practices before being able to play in the next game.

Athletes who miss multiple practices before a game, it is up to the coaches discretion on when the athlete will play

Athletes who miss 1 game will sit 1 quarter of the next game

Athletes who miss 2 games will not play the next game

Athletes who miss more than 2 games will be moved down a team

We ask our parents to please be prompt picking your athlete up after home and away games, as well as practices. Please remember...A member of our coaching staff must remain at the school until all athletes are picked up. Even if the athlete has a cell phone, to ensure their safety we will refuse to leave until someone has arrived to pick them up.

Game Day

The game day dress code is as follows: Button, collared shirt, or sweater, nice shoes and socks, and dress pants (pulled up to the waist). No jeans. Tennis shoes must be tied tight. Ties are optional, but not required. The specifics will be given the day before. Players will remain in dress code during other contests.

The game dress code is a school issued jersey, and a pair of black shorts. The school will not issue black shorts so those will need to come from home. If a student does not own a pair of black shorts, and needs to borrow a pair, please let us know, and we will provide them with a pair.

Fort Calhoun Jr. High Basketball

Parent/Guardian and Athlete Contract Agreement

Please read, sign and return the bottom portion of this form to the coaches by Monday October 28th. You will not be able to participate in practices or games until the signed form is turned into the coaches.

_____ I have read the Fort Calhoun Jr. High Basketball handbook with my athlete, and we are aware of the expectations that are involved with being part of the team.

_____ We agree that I will help my athlete abide by those expectations as a part of the team.

_____ We agree that I will support them in keeping their commitment to the team. We understand that my athlete is expected to attend all scheduled practices, games, and tournaments as part of the team.

_____ We agree that sportsmanship is an extension of respect and will be positive fans and cheer for our team!

As the parent/guardian(s) of a Fort Calhoun Jr. High basketball athlete, I agree to all the above expectations and guidelines set forth by the coaching staff.

Athlete Signature

Date

Parent/Guardian Signature

Date

Parent cell # _____

Home # _____

Parent email address _____