

Fort Calhoun Jr. High Basketball Handbook

Communication

- Communication is key to success. There are many parts for effective communication to take place. Not only is it important for coaches to communicate to athletes and parents, but it is also important that athletes and parents communicate with coaches!!
- The coaching staff will work to communicate with athletes and parents/guardians in a timely manner. We will send out information to athletes and parents and post information to the website as soon as it is available.
- The coaching staff is available to discuss matters or concerns with players in person. We expect the players to come to the coaches personally with any issues or concerns they have about team-related issues. Players should only rely on their parents/guardians to speak to the coaching staff when absolutely necessary.
- We would like athletes to ride the bus to and from away games. However if parents would like to take their child home with them, the following needs to take place.
 - Parents need to present a hand written note stating the name of the athlete that will be going home with them after a game with their signature OR sign the sign out sheet provided by the coaches.
 - If this does not happen and the athlete leaves without giving the coaches a note or having their parents sign the sign out sheet, the athlete will have to sit out a quarter in the next game.

Absence Policies

Practice and Games

There are very few excuses that warrant being absent from a team event. A player should consider each absent they have (whether excused or unexcused) a missed opportunity on learning new information, contributing to their team, as well as negatively affecting their team's overall success. We will give players who attend practice priority over players who do not attend

practice. In the event of an absence or tardiness to practice or a game, students must contact their coach as soon as they know the absence or tardiness will occur. Failure to contact their coach prior to the absence or tardiness is a violation of the communication policy and is subject to player discipline.

Excused Absences

- An absence is excused if the player notifies the coach in advance and the coach approves the absence
- Excused absences might include but are not limited to—family emergencies, medical emergencies, special academic opportunities, and once in a lifetime opportunities
- **Illness or injury is not an excused absence unless a signed note from a doctor is provided to the coach. Injured players are expected to attend practice.**

Unexcused Absences

- An absence is unexcused if the player does not notify the coach before the absence occurs, **or does not provide the proper written documentation indicating the reason for the absence signed by the parent/guardian of the player**
- **If an unexcused absence occurs for a practice prior to a game, the player will not be allowed to play in that game. If missing practices become habitual, then the coach and athlete will meet to evaluate the player's commitment to the program. During this meeting, they will discuss possible solutions, including dismissal from the team.**
- **Policy for Missing Practices and Games**
 - Athletes who miss the practice prior to a game with an unexcused **or excused** absence must sit out at least one quarter of that game.
 - Athletes must practice for at least 3 days before being able to play in the next game.
 - Athletes who miss multiple practices before a game, it is up to the coaches discretion on when the athlete will play
 - Athletes who miss 1 game will sit the quarter of the next game
 - Athletes who miss 2 games will not play the next game
 - Athletes who miss more than 2 games will be moved down a team

We ask our parents to please be prompt picking your daughter up after home and away games. Please remember...A member of our coaching staff must remain at the school until all the girls are picked up. Even if the player has a cell phone, to ensure their safety we will refuse to leave until someone has arrived to pick them up. **Players repeatedly picked up late from away or home games without prior notification may not be allowed to travel.**

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Parent/Player Contract Agreement

Please read, sign and return the bottom portion of this form to the coaches. You will not be able to participate in practices or games until the signed form is turned into the coaches.

_____ I have read the Fort Calhoun Jr. High Basketball player/parent handbook with my daughter, and we are aware of the expectations that are involved with being part of the team.

_____ We agree that I will help my daughter abide by those expectations as a part of the team.

_____ We agree that I will support her in keeping her commitment to the team. We understand that my daughter is expected to attend all scheduled practices, games, and tournaments as part of the team.

_____ We agree that sportsmanship is an extension of respect and will be positive fans and cheer for our team!

As the parent(s) of a Fort Calhoun Jr. High basketball player, I agree to all the above expectations and guidelines set forth by the coaching staff for my daughter.

Player Signature

Date

Parent Signature

Date